

PRODUCT GUIDE | 2015



dōTERRA®



# THE dōTERRA® STORY

In the spring of 2008, a group of health-care and business professionals who shared profound personal experiences of the life-enhancing benefits of essential oils came together with a common vision of bringing a new standard of therapeutic-grade essential oils to the world. They wanted something different that would appeal to all people, from those who knew nothing of essential oils to those who were considered experts in the field.

They asked themselves some defining questions: “What if we could provide the world with a new and powerful wellness alternative?” “What if we could provide this new level of wellness through a mainstream approach to essential oils?” “What if we could source, test, and manufacture a higher quality of essential oil—more pure and more potent than any other oil available on the market today?” “What if we, in the most professional manner, could partner with major hospitals, doctors, scientists, and opinion leaders to provide the most compelling authentication of essential oils on the planet?”

They concluded that, with the hard work and commitment of others who had a similar passion and vision, they could and would create a new paradigm for essential oils. With that conviction, they organized a company and named it dōTERRA, a Latin derivative meaning “Gift of the Earth.” The first dōTERRA offering of 25 single oils and 10 oil blends was introduced for sale on April 25, 2008, to the acclaim of essential oil experts and product enthusiasts who immediately recognized the superior quality of dōTERRA therapeutic-grade essential oils.

dōTERRA has continued to add wellness products and to expand their essential oils offering as the company has enjoyed tremendous growth since its beginning.

## OUR MISSION

WE AT dōTERRA ARE COMMITTED TO SHARING THE LIFE-ENHANCING BENEFITS OF THERAPEUTIC-GRADE ESSENTIAL OILS WITH THE WORLD. WE WILL DO THIS BY:

- Discovering and developing the world's highest-quality therapeutic-grade essential oil products through a leveraged network of highly-educated and experienced botanists, chemists, health scientists, and health-care professionals.
- Producing our essential oil products to the highest standard of quality, purity, and safety used in the industry—CPTG Certified Pure Therapeutic Grade®.
- Distributing our products through Wellness Advocates who, working from home, introduce, educate, and sell dōTERRA wellness products locally through person-to-person contact and globally through personalized web shopping sites.
- Providing educational opportunities for all people interested in learning how therapeutic-grade essential oils can be used as a self-care wellness alternative.
- Bringing together health-care professionals of traditional and alternative medicine to encourage further study and application of therapeutic-grade essential oils in modern health-care practices.



**ARBORVITAE  
ESSENTIAL OIL**  
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**LOTUS DIFFUSER**  
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**VERÁGE™**  
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**TO ORDER:** [doterra.com](http://doterra.com) 1-800-411-8151

dōTERRA® proprietary essential wellness products are sold exclusively by Wellness Advocates through person-to-person sharing, personalized websites, and in wellness centers and spas throughout the United States and abroad. To order, talk to the Wellness Advocate who provided you with this product guide or call 1-800-411-8151 to find an advocate in your area. Wellness Advocate distributorships are available.



## *What are* **ESSENTIAL OILS?**

Essential oils are natural aromatic compounds found in the seeds, bark, stems, roots, flowers, and other parts of plants. They can be both beautifully and powerfully fragrant. If you have ever enjoyed the gift of a rose, a walk by a field of lavender, or the smell of freshly cut mint, you have experienced the aromatic qualities of essential oils. Essential oils can lift the mood, calm the senses, and elicit powerful emotional responses. Yet the use of essential oils goes well beyond their fragrant appeal.

Essential oils have been used throughout history in many cultures for their medicinal and therapeutic benefits. Modern trends toward more holistic approaches to self care and growing scientific validation of alternative health practices are driving a rediscovery of the profound health benefits of essential oils. Many have powerful cleansing properties. Their unique chemical structure allows them to pass directly through the skin for immediate systemic response to topical application. Certain oils may be used as dietary aids to promote vitality and well-being.

## **Extraction Methods**

Therapeutic-grade essential oils are most often extracted via a low-heat steam distillation process in which steam is circulated under pressure through plant material, liberating the essential oils into the steam. As the steam mixture cools, the water and oils are separated and the oil is collected in its pure form. To ensure the highest quality oil extract of correct chemical composition, temperature and pressure must be monitored very closely. Too little heat and pressure will not release the valuable oil; too much can fracture an extract's delicate chemical composition and alter its potency.

Equally important to the carefully controlled extraction process, the meticulous selection of correct plant species and plant parts harvested at the perfect moment when their essential oil compounds are most concentrated, is also required for a quality therapeutic-grade essential oil extract. This complex process is as much an art form as it is a science and requires experienced growers and distillers working together to ensure a superior product.







## CPTG Certified Pure Therapeutic Grade®

dōTERRA® CPTG Certified Pure Therapeutic Grade essential oils are pure, natural, aromatic compounds carefully extracted from plants. They do not contain fillers or artificial ingredients that would dilute their active qualities and are free of contaminants such as pesticides or other chemical residues.

As important as it is to keep contaminants out of our oils, assuring the presence of the oils' active compounds at the right levels is necessary to guarantee safety and effectiveness. Many oils claim to be therapeutic grade, and some may be pure, but few are subjected to rigorous testing standards for chemical composition. dōTERRA CPTG Certified Pure Therapeutic Grade essential oils are cross tested using Mass Spectrometry and Gas Chromatography to ensure both the extract purity and composition potency of each batch.

dōTERRA works closely with a global network of leading essential oil chemists and growers to select botanicals of the correct species, grown in the ideal environments, and carefully harvested at the right time. The aromatic compounds of the plants are skillfully extracted by experienced distillers and subjected to chemical analysis to ensure purity and composition. dōTERRA CPTG Certified Pure Therapeutic Grade essential oils represent the safest and most beneficial oils available in the world today.

**CPTG** Certified Pure Therapeutic Grade®



Equally stringent standards of safety and efficacy are applied to all dōTERRA Essential Wellness products. Guided by our Scientific Advisory Board, dōTERRA uses only top development and manufacturing partners who maintain GMP certification and enjoy industry reputation for superior innovation and quality. Each dōTERRA product is guaranteed to exceed customer satisfaction and performance expectations.





The dōTERRA® network of botanical growers and distillers spans the globe from Italy to Madagascar, India to Corsica. Only the purest and most potent essential oils meet our strict standards of CPTG Certified Pure Therapeutic Grade®. Accept nothing less from your wellness professional or for your family.



## Uses

Essential oils are used for a very wide range of emotional and physical wellness applications. They can be used singly or in complex blends depending on user experience and desired benefit. Essential oils are usually administered by one of three methods: diffused aromatically, applied topically to the skin, or taken internally as dietary supplements. Using essential oils can be both profoundly simple and life changing at the same time. Working with someone who has used essential oils before will help first-time users have a more beneficial and enjoyable experience.

Essential oils are naturally safe and have few, if any, undesirable side effects when used as directed. They are, however, powerfully concentrated and should be used with care. Be sure to use only pure, therapeutic-grade essential oils and follow all label warnings and instructions. Essential oils should never be used in the eyes or inside the ear canal. If redness or irritation occurs when using essential oils topically, simply apply a vegetable oil such as fractionated coconut oil to the affected area—water will not dilute essential oils. Consult your physician before using essential oils if you are pregnant or under a doctor's care.

Look for the following symbols by the essential oil product descriptions in this product guide to help you with your oil selection. (Use instructions and appropriate cautions included on individual essential oil labels.)

### APPLICATION METHODS

- A Can be used aromatically
- T Can be used topically
- I Can be used internally

### SKIN SENSITIVITY

- N Can be used topically with no dilution (NEAT)
- S Dilute for young or sensitive skin (SENSITIVE)
- D Dilute before using topically (DILUTE)



## Where do I BEGIN?

Using essential oils is intuitively simple and highly satisfying. However, the many oils available with their numberless combinations and wellness applications can be a bit overwhelming to beginners. As a simple first step on your journey with essential oils, we recommend a trio of Lavender, Lemon, and Peppermint. Three of our most popular oils, they will provide you and your family a compelling experience with the life-enhancing properties of therapeutic-grade essential oils.



### INTRODUCTION TO ESSENTIAL OILS KIT

top seller

Perfect for beginners, the Introduction to Essential Oils Kit is everything you need to get started experiencing immediately the life-changing benefits of dōTERRA® essential oils. The kit includes:

- Lavender essential oil (5 mL bottle)
- Lemon essential oil (5 mL bottle)
- Peppermint essential oil (5 mL bottle)
- List of suggested uses for each oil

**32180001** | Three 5 mL bottles

\$26.67 retail | \$20.00 wholesale | 15 PV

### LAVENDER *Lavandula angustifolia*

- Apply to the bottom of feet or on a pillow before sleeping
- Use to calm reactions to a bug bite
- Use with bath salts for a relaxing spa bathing experience
- Apply to wrists or inhale when traveling to ease motion upset
- Lightly apply to soothe irritated skin
- Apply to back, hands, or feet of a restless or agitated child
- Use to calm and soothe minor skin irritations
- Calm sensitive skin and soothe pores after hair removal
- Apply to dry, chapped lips before applying lip balm
- Use with Peppermint for a healthy scalp massage
- Add to lotion for a stress-relieving hand massage

### LEMON *Citrus limon*

- Add a drop to a water bottle or to water served at a restaurant
- Diffuse aromatically or apply topically for mood elevation
- Add a drop to honey to soothe an irritated throat
- Dilute with coconut oil for a daily fingernail conditioning massage
- Add a drop of Lemon and Peppermint to your toothbrush after use
- Diffuse in a room to neutralize odors
- Remove gum, label adhesives, and greasy substances from fabric
- Use to clean kitchen counters and stainless steel appliances
- Add to olive oil for a non-toxic furniture polish

### PEPPERMINT *Mentha piperita*

- Rub on stomach or feet, or take one drop internally, to calm occasional indigestion or upset stomach
- Use with Lemon in water for a healthy, refreshing mouth rinse
- Diffuse aromatically or apply topically to promote healthy respiratory function
- Apply with Lavender to sore, tired muscles and joints
- Breathe in during a meal to help you feel full
- Add to a cold water compress or foot bath to cool off when overheated
- Inhale as a non-stimulant, invigorating pick-me-up on long drives
- Add to shampoo and conditioner for a stimulating hair and scalp massage
- Use with Lavender and Lemon when seasonal threats are high
- Spritz on child's shirt before study time for alertness

# ESSENTIAL OIL SINGLES

The dōTERRA® collection of single essential oils represents the finest aromatic extracts available in the world today. Each oil provides the living essence of its source botanical, gently distilled from plants that are nurtured and carefully harvested throughout the world. Each oil passes strict standards of purity and potency. A beautiful palette of botanical energies, they can be used individually or blended for personalized essential oil therapies.

## ARBORVITAE ESSENTIAL OIL

*Thuja plicata*



Known as the “tree of life,” Arborvitae is majestic in size and abundant in therapeutic benefits.

- Supports a healthy immune system
- Protects against environmental and seasonal threats
- Promotes healthy cell function
- Powerful cleansing and purifying agent

<b>49360001</b>	5 mL bottle
\$29.33 retail	\$22.00 wholesale   22 PV

## BASIL ESSENTIAL OIL

*Ocimum basilicum*



Valued for its restorative effects, Basil is also commonly used for its calming properties.

- Soothes sore muscles and joints
- Assists with clear breathing
- Acts as a cooling agent for the skin

<b>30010001</b>	15 mL bottle
\$26.67 retail	\$20.00 wholesale   20 PV

## BERGAMOT ESSENTIAL OIL

*Citrus bergamia*



Cold pressed from the rind of the bergamot fruit, Bergamot is unique among citrus oils.

- Calming and soothing aroma
- Promotes healthy, clear skin
- Frequently used in massage therapy for its calming benefits

<b>30790001</b>	15 mL bottle
\$36.67 retail	\$27.50 wholesale   27.5 PV

## BLACK PEPPER ESSENTIAL OIL

*Piper nigrum*



Stimulating and flavorful, Black Pepper enhances any dish—and your health.

- Rich source of antioxidants
- Supports healthy circulation
- Aids digestion
- Enhances food flavor

<b>41040001</b>	5 mL bottle
\$29.33 retail	\$22.00 wholesale   22 PV

## CARDAMOM ESSENTIAL OIL

*Elettaria cardamomum*



A close relative of Ginger, Cardamom has a long history as a cooking spice and for being beneficial to the digestive and respiratory systems.

- Calms stomach upset
- Promotes clear breathing and respiratory health
- Flavorful spice for cooking and baking

<b>49350001</b>	5 mL bottle
\$34.67 retail	\$26.00 wholesale   26 PV





## SINGLE ESSENTIAL OILS

## Quick Reference Chart

	APPLICATION			SKIN SENSITIVITY			SKU	U.S. RETAIL	WHOLE-SALE	PV
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE				
ARBORVITAE <i>Thuja plicata</i>	A	T		N			49360001	\$29.33	\$22.00	22
BASIL <i>Ocimum basilicum</i>	A	T	I	N			30010001	\$26.67	\$20.00	20
BERGAMOT <i>Citrus bergamia</i>	A	T	I		S		30790001	\$36.67	\$27.50	27.5
BLACK PEPPER <i>Piper nigrum</i>	A	T	I		S		41040001	\$29.33	\$22.00	22
CARDAMOM <i>Elettaria cardamomum</i>	A	T	I	N			49350001	\$34.66	\$26.00	26
CASSIA <i>Cinnamomum cassia</i>	A	T	I			D	30020001	\$25.33	\$19.00	19
CEDARWOOD <i>Juniperus virginiana</i>	A	T			S		49300001	\$17.33	\$13.00	13
CILANTRO <i>Coriandrum sativum</i>	A	T	I	N			41850001	\$34.67	\$26.00	26
CINNAMON BARK <i>Cinnamomum zeylanicum</i>	A	T	I			D	30030001	\$28.00	\$21.00	21
CLARY SAGE <i>Salvia sclarea</i>	A	T	I	N			30420001	\$48.67	\$36.50	36.5
CLOVE <i>Eugenia caryophyllata</i>	A	T	I			D	30040001	\$18.67	\$14.00	14
CORIANDER <i>Coriandrum sativum</i>	A	T	I	N			30780001	\$34.67	\$26.00	26
CYPRESS <i>Cupressus sempervirens</i>	A	T		N			30050001	\$20.67	\$15.50	15.5
EUCALYPTUS <i>Eucalyptus radiata</i>	A	T			S		30060001	\$18.67	\$14.00	14
FENNEL, SWEET <i>Foeniculum vulgare</i>	A	T	I		S		41290001	\$20.00	\$15.00	15
FRANKINCENSE <i>Boswellia carterii, frereana, and sacra</i> <span>top seller</span>	A	T	I	N			30070001	\$93.00	\$69.75	69.75
GERANIUM <i>Pelargonium graveolens</i>	A	T	I		S		30090001	\$36.00	\$27.00	27
GINGER <i>Zingiber officinale</i>	A	T	I		S		30080001	\$38.67	\$29.00	29
GRAPEFRUIT <i>Citrus X paradisi</i>	A	T	I	N			30100001	\$21.33	\$16.00	16
HELICHRYSUM <i>Helichrysum italicum</i>	A	T	I	N			30410001	\$100.00	\$75.00	75
JUNIPER BERRY <i>Juniperus communis</i>	A	T	I	N			49290001	\$25.33	\$19.00	19
LAVENDER <i>Lavandula angustifolia</i> <span>top seller</span>	A	T	I	N			30110001	\$28.00	\$21.00	21
LEMON <i>Citrus limon</i> <span>top seller</span>	A	T	I	N			30120001	\$13.33	\$10.00	10
LEMONGRASS <i>Cymbopogon flexuosus</i>	A	T	I		S		30130001	\$13.33	\$10.00	10
LIME <i>Citrus aurantifolia</i>	A	T	I		S		30870001	\$17.33	\$13.00	13
MARJORAM <i>Origanum majorana</i>	A	T	I	N			30140001	\$25.33	\$19.00	19
MELALEUCA <i>Melaleuca alternifolia</i> <span>top seller</span>	A	T	I	N			30150001	\$25.33	\$19.00	19
MELISSA <i>Melissa officinalis</i>	A	T	I	N			30850001	\$153.33	\$115.00	115
MYRRH <i>Commiphora myrrha</i>	A	T	I	N			30160001	\$69.33	\$52.00	52
OREGANO <i>Origanum vulgare</i> <span>top seller</span>	A	T	I			D	30180001	\$32.00	\$24.00	24
PATCHOULI <i>Pogostemon cablin</i>	A	T	I	N			30890001	\$39.33	\$29.50	29.5
PEPPERMINT <i>Mentha piperita</i> <span>top seller</span>	A	T	I		S		30190001	\$27.33	\$20.50	20.5
ROMAN CHAMOMILE <i>Anthemis nobilis</i>	A	T	I	N			30800001	\$44.00	\$33.00	33
ROSEMARY <i>Rosmarinus officinalis</i>	A	T	I	N			30200001	\$18.67	\$14.00	14
SANDALWOOD <i>Santalum album</i>	A	T	I	N			30210001	\$82.33	\$61.75	61.75
SANDALWOOD, HAWAIIAN <i>Santalum paniculatum</i>	A	T	I	N			41860001	\$82.33	\$61.75	61.75
THYME <i>Thymus vulgaris</i>	A	T	I			D	30220001	\$36.67	\$27.50	27.5
VETIVER <i>Vetiveria zizanioides</i>	A	T	I	N			30430001	\$46.00	\$34.50	34.5
WHITE FIR <i>Abies alba</i>	A	T		N			30250001	\$26.67	\$20.00	20
WILD ORANGE <i>Citrus sinensis</i> <span>top seller</span>	A	T	I	N			30170001	\$14.00	\$10.50	10.5
WINTERGREEN <i>Gaultheria procumbens</i>	A	T			S		30230001	\$21.33	\$16.00	16
YLANG YLANG <i>Cananga odorata</i>	A	T	I	N			30240001	\$47.00	\$35.25	35.25

**APPLICATION METHODS** A Can be used aromatically T Can be used topically I Can be used internally  
**SKIN SENSITIVITY** N Can be used topically with no dilution (NEAT) S Dilute for young or sensitive skin (SENSITIVE) D Dilute before using topically (DILUTE)

## CASSIA

### ESSENTIAL OIL

*Cinnamomum cassia*



A close relative to cinnamon, Cassia has a wonderful fragrance and thousands of years of historical use.

- Promotes healthy digestion
- Supports healthy immune function
- Warming, uplifting aroma

<b>30020001</b>	15 mL bottle
\$25.33 retail	\$19.00 wholesale   19 PV

## CEDARWOOD

### ESSENTIAL OIL

*Juniperus virginiana*



Known for promoting healthy skin and clear breathing, Cedarwood has a warm, woody, balsamic fragrance that relaxes the mind and body.

- Promotes clear breathing and supports healthy respiratory function
- Helps skin recover quickly
- Has a soothing, grounding effect on the mind and emotions
- Relaxing and calming aroma is perfect for massage therapy

<b>49300001</b>	15 mL bottle
\$17.33 retail	\$13.00 wholesale   13 PV

## CILANTRO

### ESSENTIAL OIL

*Coriandrum sativum*



From the leaves of the coriander plant, Cilantro essential oil is commonly used for its fresh and tasty flavor.

- Aids digestion
- Rich source of antioxidants
- Gives food a fresh and tasty flavor

<b>41850001</b>	15 mL bottle
\$34.67 retail	\$26.00 wholesale   26 PV

## CINNAMON BARK

### ESSENTIAL OIL

*Cinnamomum zeylanicum*



Well-known for its use as a spice, Cinnamon also has many therapeutic benefits.

- Promotes oral health
- Builds and maintains a healthy immune system
- Long used to flavor food and for its internal health benefits

<b>30030001</b>	5 mL bottle
\$28.00 retail	\$21.00 wholesale   21 PV

## CLARY SAGE

### ESSENTIAL OIL

*Salvia sclarea*



Clary Sage is known for its mood-lightening properties and ability to ease monthly menstrual cycles.

- Trusted by women to soothe monthly discomfort associated with menstrual cycles
- Helps balance hormones
- Used to lift and lighten mood

<b>30420001</b>	15 mL bottle
\$48.67 retail	\$36.50 wholesale   36.5 PV

## CLOVE

### ESSENTIAL OIL

*Eugenia caryophyllata*



A favorite among health-care providers and health-conscious individuals, Clove is more than a popular cooking spice.

- Powerful antioxidant properties
- Supports cardiovascular health
- Promotes healthy teeth and gums

<b>30040001</b>	15 mL bottle
\$18.67 retail	\$14.00 wholesale   14 PV

## CORIANDER

### ESSENTIAL OIL

*Coriandrum sativum*



Popular across many cultures for various uses, Coriander essential oil provides a myriad of health benefits.

- Promotes digestion and eases stomach upset
- Aids in a healthy insulin response
- Soothes joint and muscle pain

<b>30780001</b>	15 mL bottle
\$34.67 retail	\$26.00 wholesale   26 PV



#### PRODUCT HIGHLIGHT

## frankincense

dōTERRA Frankincense essential oil is steam distilled from wild-crafted gum resins of the *Boswellia carterii*, *frereana*, and *sacra* trees. Highly prized in the ancient world for its fragrant and curative properties, it is a favorite among modern wellness practitioners for its many emotional and physical health applications.

## CYPRESS

### ESSENTIAL OIL

*Cupressus sempervirens*



Distilled from the twigs and foliage of the cypress tree, Cypress essential oil is popular for its therapeutic uses and in spas.

- Used to assist with breathing and as a throat gargle
- Soothes tight, tense muscles
- Supports localized blood flow

<b>30050001</b>	15 mL bottle
\$20.67 retail	\$15.50 wholesale   15.5 PV







*“Very few oils offer the versatility and reliability of Frankincense. Its results have been proven through literally thousands of years of usage. I have no doubts that when I use my dōTERRA® Frankincense essential oil that it is pure, safe, reliable, and effective with no adverse side effects. I use it with absolute confidence that I am giving my family the best. I can’t ask for more than that.”*

Katy C., Kansas, USA

### EUCALYPTUS ESSENTIAL OIL

*Eucalyptus radiata*



Grown from tall, evergreen trees, Eucalyptus has many beneficial compounds.

- Assists with clear breathing
- Supports overall respiratory health
- Soothes tired, sore muscles

<b>30060001</b>	15 mL bottle
\$18.67 retail	\$14.00 wholesale   14 PV

### FENNEL (SWEET) ESSENTIAL OIL

*Foeniculum vulgare*



Used for centuries, Fennel provides many health benefits and has a distinct licorice aroma.

- Relieves occasional indigestion and digestive troubles
- Eases monthly menstrual cycles
- Supports a healthy lymphatic system
- Calms minor skin irritation

<b>41290001</b>	15 mL bottle
\$20.00 retail	\$15.00 wholesale   15 PV

### FRANKINCENSE ESSENTIAL OIL

top seller

*Boswellia carterii, frereana, and sacra*



Perhaps the most precious of the ancient oils, Frankincense is highly versatile in uses and benefits.

- Helps build and maintain a healthy immune system
- Promotes cellular health
- Reduces the appearance of scars and stretch marks

<b>30070001</b>	15 mL bottle
\$93.00 retail	\$69.75 wholesale   69.75 PV

**APPLICATION METHODS** **A** Can be used aromatically **T** Can be used topically **I** Can be used internally

**SKIN SENSITIVITY** **N** Can be used topically with no dilution (NEAT) **S** Dilute for young or sensitive skin (SENSITIVE) **D** Dilute before using topically (DILUTE)

## GERANIUM ESSENTIAL OIL

*Pelargonium graveolens*



Known for its ability to balance emotions, Geranium is also a common ingredient in skin care products.

- Promotes clear, healthy skin
- Helps calm nerves and lessen anxious feelings
- Supports liver health

<b>30090001</b>	15 mL bottle
\$36.00 retail	\$27.00 wholesale   27 PV

## GINGER ESSENTIAL OIL

*Zingiber officinale*



Ginger is most noted for its sweet, citrusy fragrance and positive effect on digestion.

- Helps ease occasional indigestion and nausea
- Supports overall digestive health

<b>30080001</b>	15 mL bottle
\$38.67 retail	\$29.00 wholesale   29 PV

## GRAPEFRUIT ESSENTIAL OIL

*Citrus X paradisi*



Energizing and invigorating, Grapefruit is renowned for its cleansing and purifying benefits.

- Cleanses and detoxifies
- Beneficial for oily skin issues
- Helps reduce mental and physical fatigue

<b>30100001</b>	15 mL bottle
\$21.33 retail	\$16.00 wholesale   16 PV

## HELICHRYSUM ESSENTIAL OIL

*Helichrysum italicum*



Distilled from the flower cluster of an evergreen herb, Helichrysum is one of the most precious and sought after essential oils.

- Helps skin recover quickly
- Promotes healthy liver function
- Supports localized blood flow

<b>30410001</b>	5 mL bottle
\$100.00 retail	\$75.00 wholesale   75 PV

## JUNIPER BERRY ESSENTIAL OIL

*Juniperus communis*



The woody, spicy, yet fresh aroma of Juniper Berry reveals its rich history of traditional use and therapeutic benefits.

- Supports healthy kidney and urinary function
- May benefit problematic skin areas
- Acts as a natural cleansing and detoxifying agent
- Helps relieve tension and stress

<b>49290001</b>	5 mL bottle
\$25.33 retail	\$19.00 wholesale   19 PV





**LAVENDER****ESSENTIAL OIL** top seller*Lavandula angustifolia*

Lavender has been cherished for its unmistakable aroma and therapeutic properties for thousands of years.

- Widely used for its calming and relaxing qualities
- Soothes occasional skin irritations
- Helps skin recover quickly
- Eases muscle tension in the head and neck

<b>30110001</b>	15 mL bottle
\$28.00 retail	\$21.00 wholesale   21 PV

**LEMON****ESSENTIAL OIL** top seller*Citrus limon*

This top-selling oil has multiple uses and benefits and is cold pressed from lemon rinds to preserve its delicate nature and potent properties.

- Known as a powerful aromatic and internal cleanser
- Cleanses the air and uplifts mood
- Can be used throughout the home as a non-toxic cleaner

<b>30120001</b>	15 mL bottle
\$13.33 retail	\$10.00 wholesale   10 PV

**LEMONGRASS**  
**ESSENTIAL OIL***Cymbopogon flexuosus*

Long used in Asian and Caribbean cooking for its subtle lemony flavor and aroma, Lemongrass boasts many therapeutic benefits.

- Supports healthy digestion
- Soothes aching muscles
- Purifies and tones skin

<b>30130001</b>	15 mL bottle
\$13.33 retail	\$10.00 wholesale   10 PV

**LIME**  
**ESSENTIAL OIL***Citrus aurantifolia*

The sharp, citrus smell of Lime makes it a must-have in any essential oils collection.

- A powerful antioxidant that supports healthy immune function
- Positively affects mood with stimulating and refreshing properties
- Used as an aromatic, topical, and internal cleanser
- Promotes emotional balance and well-being

<b>30870001</b>	15 mL bottle
\$17.33 retail	\$13.00 wholesale   13 PV

**MARJORAM**  
**ESSENTIAL OIL***Origanum majorana*

Also known as “wintersweet” or “joy of the mountains,” Marjoram has both culinary uses and therapeutic benefits.

- Valued for its calming properties and positive effect on the nervous system
- Soothes tired, stressed muscles
- Supports a healthy respiratory system
- Benefits the cardiovascular system

<b>30140001</b>	15 mL bottle
\$25.33 retail	\$19.00 wholesale   19 PV

**MELALEUCA**  
**ESSENTIAL OIL** top seller*Melaleuca alternifolia*

More commonly called “tea tree,” Melaleuca has 90 different compounds and limitless applications.

- Renowned for its cleansing and rejuvenating effect on the skin
- Promotes healthy immune function
- Protects against environmental and seasonal threats

<b>30150001</b>	15 mL bottle
\$25.33 retail	\$19.00 wholesale   19 PV



## PRODUCT HIGHLIGHT

*lavender*

Known for its many calming properties, Lavender is the most widely used essential oil in the world. It takes over 60 pounds of lavender flower tops to produce just 16 ounces of therapeutic-grade essential oil.

## MELISSA ESSENTIAL OIL

*Melissa officinalis*



Our rarest oil, Melissa has a sweet, fresh, citrus-like fragrance and a wide range of beneficial properties.

- Supports a healthy immune system
- Calms tension and nerves
- Addresses stomach discomfort

<b>30850001</b>	5 mL bottle
\$153.33 retail	\$115.00 wholesale   115 PV

## MYRRH ESSENTIAL OIL

*Commiphora myrrha*



Used historically in many ways—from meditation to embalming—Myrrh is still frequently recommended today.

- Powerful cleansing properties, especially for the mouth and throat
- Soothing to the skin; promotes a smooth, youthful-looking complexion
- Promotes emotional balance and well-being

<b>30160001</b>	15 mL bottle
\$69.33 retail	\$52.00 wholesale   52 PV

## OREGANO ESSENTIAL OIL

*Origanum vulgare*



Used by Hippocrates, the father of medicine, Oregano has many traditional and modern uses.

- Used as a cleansing agent
- Supports healthy digestion and respiratory function

<b>30180001</b>	15 mL bottle
\$32.00 retail	\$24.00 wholesale   24 PV

## PATCHOULI ESSENTIAL OIL

*Pogostemon cablin*



Patchouli is easily recognizable for its rich, musky-sweet fragrance.

- Has a grounding, balancing effect on emotions
- Helps skin recover quickly

<b>30890001</b>	15 mL bottle
\$39.33 retail	\$29.50 wholesale   29.5 PV

## PEPPERMINT ESSENTIAL OIL

*Mentha piperita*



A top-selling favorite, Peppermint provides a myriad of health benefits.

- Promotes healthy respiratory function and clear breathing
- Alleviates stomach upset
- Frequently used in toothpaste and chewing gum for oral health

<b>30190001</b>	15 mL bottle
\$27.33 retail	\$20.50 wholesale   20.5 PV

## PEPPERMINT BEADLET

NEW BOTTLE!

Experience a refreshing, invigorating burst of Peppermint in the convenience of a dissolving beadlet.

- Promotes oral and respiratory health
- Alleviates stomach upset
- Provides all the benefits of Peppermint essential oil

<b>31570001</b>	125 beadlets
\$15.33 retail	\$11.50 wholesale   11.5 PV





## ROMAN CHAMOMILE ESSENTIAL OIL

*Anthemis nobilis*



The most versatile of the chamomiles, Roman Chamomile is extracted from the daisy-like flower of the Roman chamomile plant.

- Has a therapeutic, calming effect on the skin, mind, and body
- Soothes the systems of the body
- Supports a healthy inflammatory response

<b>30800001</b>	5 mL bottle
\$44.00 retail	\$33.00 wholesale   33 PV

## ROSEMARY ESSENTIAL OIL

*Rosmarinus officinalis*



Considered sacred by the ancient Greek, Roman, Egyptian, and Hebrew cultures, Rosemary has long been revered by healers.

- Supports healthy digestion
- Soothes minor muscle aches and pain

<b>30200001</b>	15 mL bottle
\$18.67 retail	\$14.00 wholesale   14 PV

## SANDALWOOD ESSENTIAL OIL

*Santalum album*



With documented history of use over several thousand years, Sandalwood has a wide variety of applications.

- Smooths skin and reduces the appearance of scars and blemishes
- Enhances mood

<b>30210001</b>	5 mL bottle
\$82.33 retail	\$61.75 wholesale   61.75 PV

## SANDALWOOD, HAWAIIAN ESSENTIAL OIL

*Santalum paniculatum*



From a renewable source in Hawaii, dōTERRA® Hawaiian Sandalwood delivers a variety of benefits.

- Promotes healthy, smooth skin
- Reduces the appearance of scars and blemishes
- Enhances mood
- Frequently used in meditation for its grounding and uplifting properties

<b>41860001</b>	5 mL bottle
\$82.33 retail	\$61.75 wholesale   61.75 PV



*"Sandalwood is earthy and calming. I use it when I need grounding by applying a few drops on the soles of my feet or adding it in my work diffuser. Amazing results; Sandalwood can change my clients' mood and helps me focus on what matters."*

Jacqueline L., Victoria, Australia





**THYME**  
ESSENTIAL OIL  
*Thymus vulgaris*

A T I D

Thyme, familiar to most as a common seasoning, produces a potent essential oil.

- Cleansing and clarifying effect for the skin
- Broad-spectrum activity in promoting winter-time health

30220001	15 mL bottle
\$36.67 retail	\$27.50 wholesale   27.5 PV

**VETIVER**  
ESSENTIAL OIL  
*Vetiveria zizanioides*

A T I N

Vetiver is loved for its rich, exotic, complex aroma and is used extensively in perfumes.

- Supports healthy circulation
- Has a calming, grounding effect on emotions
- Has immune-enhancing properties

30430001	15 mL bottle
\$46.00 retail	\$34.50 wholesale   34.5 PV

**WHITE FIR**  
ESSENTIAL OIL  
*Abies alba*

A T N

Derived from the soft needles of the white fir tree, White Fir is most notable for soothing sore muscles and joints.

- Alleviates the occasional pain and discomfort of sore muscles and joints
- Supports clear breathing and respiratory function
- Energizes the body and the mind

30250001	15 mL bottle
\$26.67 retail	\$20.00 wholesale   20 PV





## PRODUCT HIGHLIGHT

*wild orange*

dōTERRA® Wild Orange essential oil comes from the thick rinds of oranges grown in citrus groves of the Dominican Republic. It is pure, natural, preservative and pesticide free, and never diluted with more commonly used citrus oils of inferior quality.

**APPLICATION METHODS** **A** Can be used aromatically **T** Can be used topically **I** Can be used internally

**SKIN SENSITIVITY** **N** Can be used topically with no dilution (NEAT) **S** Dilute for young or sensitive skin (SENSITIVE) **D** Dilute before using topically (DILUTE)

### WILD ORANGE ESSENTIAL OIL

top seller

*Citrus sinensis*

Cold pressed from the peel, Wild Orange releases an energizing, citrusy aroma.

- Powerful cleanser and purifying agent
- Protects against environmental and seasonal threats
- Immune-enhancing benefits
- Energizing and revitalizing to the mind and body

<b>30170001</b>	15 mL bottle
\$14.00 retail	\$10.50 wholesale   10.5 PV

### WINTERGREEN ESSENTIAL OIL

*Gaultheria procumbens*

Most consumers recognize the aroma and flavor of Wintergreen from its popularity in candy and chewing gum.

- Soothes achy muscles and joints
- Promotes healthy respiratory function

<b>30230001</b>	15 mL bottle
\$21.33 retail	\$16.00 wholesale   16 PV

### YLANG YLANG ESSENTIAL OIL

*Cananga odorata*

Ylang Ylang, while famed for its exquisite fragrance, has much to offer therapeutically.

- Helps balance hormones
- Promotes healthy skin and hair
- Lifts mood while having a calming effect

<b>30240001</b>	15 mL bottle
\$47.00 retail	\$35.25 wholesale   35.25 PV



# dōTERRA® + FAMILY PHYSICIAN® KIT

Naturally safe, purely effective. The dōTERRA Family Physician Kit contains 10 essential oils and blends—the “feel better” essentials that parents need on a daily basis to care for their families. Experience the infinite ways that dōTERRA CPTG Certified Pure Therapeutic Grade® essential oils can help you help your family.



## FAMILY PHYSICIAN KIT top seller

This collection of 10 nurturing essential oils and blends provides what you need to care for your family's everyday health needs with simple and safe methods featuring essential oils. The Family Physician Kit includes:

- Ten 5 mL bottles of essential oils and blends
 

Lavender	Peppermint	Oregano	Deep Blue®	DigestZen®
Lemon	Melaleuca	Frankincense	Breathe	On Guard®
- Lists of suggested uses for each oil

<b>20560001</b>	Ten 5 mL bottles
\$166.67 retail	\$125.00 wholesale   115 PV

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# dōTERRA® + FAMILY PHYSICIAN® KIT



## FRANKINCENSE ESSENTIAL OIL



One of the most precious essential oils of the ancient world, Frankincense is an essential addition to your family's medicine cabinet and emergency supplies. dōTERRA's exclusive Frankincense is powerfully versatile and a favorite alternative for many health applications—when in doubt, use Frankincense!

- Apply to neck and forehead with Lavender and Peppermint to help calm stress and tension
- Apply to the bottom of the feet or take internally in capsules to support immune function
- Use with Fractionated Coconut Oil or favorite face moisturizer for beautiful, radiant skin
- Use aromatically and topically to help lift mood and awareness

## LAVENDER ESSENTIAL OIL



### All Things Calming

- Diffuse or apply topically to soothe emotions
- Apply topically to soothe irritated skin and lips
- Massage on back or bottom of feet and apply a drop to pillow at bedtime
- Apply immediately to soothe minor skin irritations

## LEMON ESSENTIAL OIL



### Clean and Freshen

- Add a drop to honey to soothe an irritated throat
- Diffuse in a room to neutralize odors and elevate mood
- Use to clean kitchen counters and stainless steel appliances
- Take internally with water as an antioxidant and detoxifier

## PEPPERMINT ESSENTIAL OIL



### Cool and Invigorate

- Use with Lemon in water for a healthy, refreshing mouth rinse
- Inhale deeply to invigorate lungs and increase alertness
- Add to water in a spray bottle and mist body when overheated
- Apply to neck and forehead with Lavender to calm stress and tension

## MELALEUCA ESSENTIAL OIL



### First Aid for the Skin

- Apply to skin as part of a daily cleansing program
- Use with shampoo or conditioner for healthy scalp and hair
- Apply to feet and toenails after showering, swimming, or working out

## OREGANO ESSENTIAL OIL



### Natural Immune Support

- Take several drops in an empty veggie cap for periodic immune support
- Dilute and apply to bottom of feet of kids and adults as a natural defense
- Use internally as part of a monthly cleansing regimen for GI health

## DEEP BLUE® SOOTHING BLEND



### Muscle and Joint Support

- Apply directly to tired, aching joints
- Rub on muscles before and after exercise to reduce discomfort
- Use with carrier oil for a therapeutic deep-tissue massage

## BREATHE™ RESPIRATORY BLEND



### Respiratory Support

- Apply topically to chest to promote healthy respiratory function
- Diffuse or add to humidifier at bedtime for more restful sleep
- Apply to chest or bottom of feet for seasonal respiratory discomfort

## DIGESTZEN® DIGESTIVE BLEND



### Digestive Support

- Rub on stomach to ease digestive discomfort, occasional nausea, or motion sickness
- Take internally at meal times to support healthy, comfortable digestion
- Apply to the bottom of feet of children to help ease digestive issues

## ON GUARD PROTECTIVE BLEND



### Natural Defense

- Dilute and gargle morning and night as a protective mouth rinse
- Take several drops in an empty veggie cap or diffuse in a room for added immune support
- Dilute in spray bottle to clean doorknobs, telephones, and other community surfaces





# aromatouch® TECHNIQUE

STEP 1



STEP 2



STEP 3



STEP 4







### AROMATOUCH® TECHNIQUE KIT

NEW BOX!

Increase the benefits you experience with CPTG® essential oils by incorporating the AromaTouch Technique into your healthy lifestyle philosophy. This kit contains 5 mL bottles of the 8 CPTG oils used in the AromaTouch Technique, as well as the AromaTouch overview booklet and presentation box. You will also receive dōTERRA® Fractionated Coconut Oil (4 oz) when you purchase this kit.

<b>32570001</b>	Eight 5 mL bottles
\$133.33 retail	\$100.00 wholesale   100 PV

The dōTERRA® AromaTouch® Technique is a simple step-by-step method of applying therapeutic-grade essential oils topically to produce a profound whole-body wellness experience. The many benefits of the AromaTouch Technique include stress management, immune support, and autonomic balance.

The AromaTouch Technique Kit includes 5 mL bottles of dōTERRA Balance™ Grounding Blend, Lavender, Melaleuca, On Guard® Protective Blend, AromaTouch® Massage Blend, Deep Blue® Soothing Blend, Wild Orange, Peppermint, and a 4 oz bottle of Fractionated Coconut Oil. The kit also includes a training DVD and overview booklet in a beautiful presentation box. Equally compelling to novice users and licensed professionals, the AromaTouch Technique represents an exciting new era of essential oil application and health benefits.



*"I love doing the AromaTouch Technique on moms and dads so they can learn how to do the same for their families. It is a win-win situation."*

Peggy S., Utah, USA



# Proprietary ESSENTIAL OIL BLENDS

dōTERRA® Essential oil blends are proprietary formulas for targeted wellness applications. They represent the converging wisdom of many years of therapeutic essential oil experience and validation of a growing body of research and scientific study. Harnessing the inherent living energies of plants, each formula is synergistically balanced to enhance product potency and benefits and contains only CPTG Certified Pure Therapeutic Grade® essential oils.

## AROMATOUGH® MASSAGE BLEND



This proprietary massage blend combines the therapeutic benefits of oils well known for their soothing and relaxing effects.

- Features Basil, Grapefruit, Cypress, Marjoram, Peppermint, and Lavender essential oils
- Relaxes muscles, calms tension, promotes circulation, and soothes joints

<b>31200001</b>	15 mL bottle
\$34.67 retail	\$26.00 wholesale   26 PV

## BALANCE™ GROUNDING BLEND



Balance Grounding Blend has a warm, woody aroma that creates a sense of calmness and well-being.

- Features Spruce, Ho Wood, Frankincense, Blue Tansy, and Blue Chamomile essential oils
- Promotes whole body relaxation
- Evokes feelings of tranquility and balance

<b>31010001</b>	15 mL bottle
\$26.67 retail	\$20.00 wholesale   20 PV

## BREATHE™ RESPIRATORY BLEND



Enhanced with the powerful respiratory benefits of Cardamom, Breathe is a remarkable blend of essential oils that helps you breathe easier.

- Merges Laurel Leaf, Peppermint, Eucalyptus, Melaleuca, Lemon, Ravensara, and Cardamom essential oils
- Maintains clear airways and breathing
- Supports overall respiratory health

<b>49370001</b>	15 mL bottle
\$26.67 retail	\$20.00 wholesale   20 PV





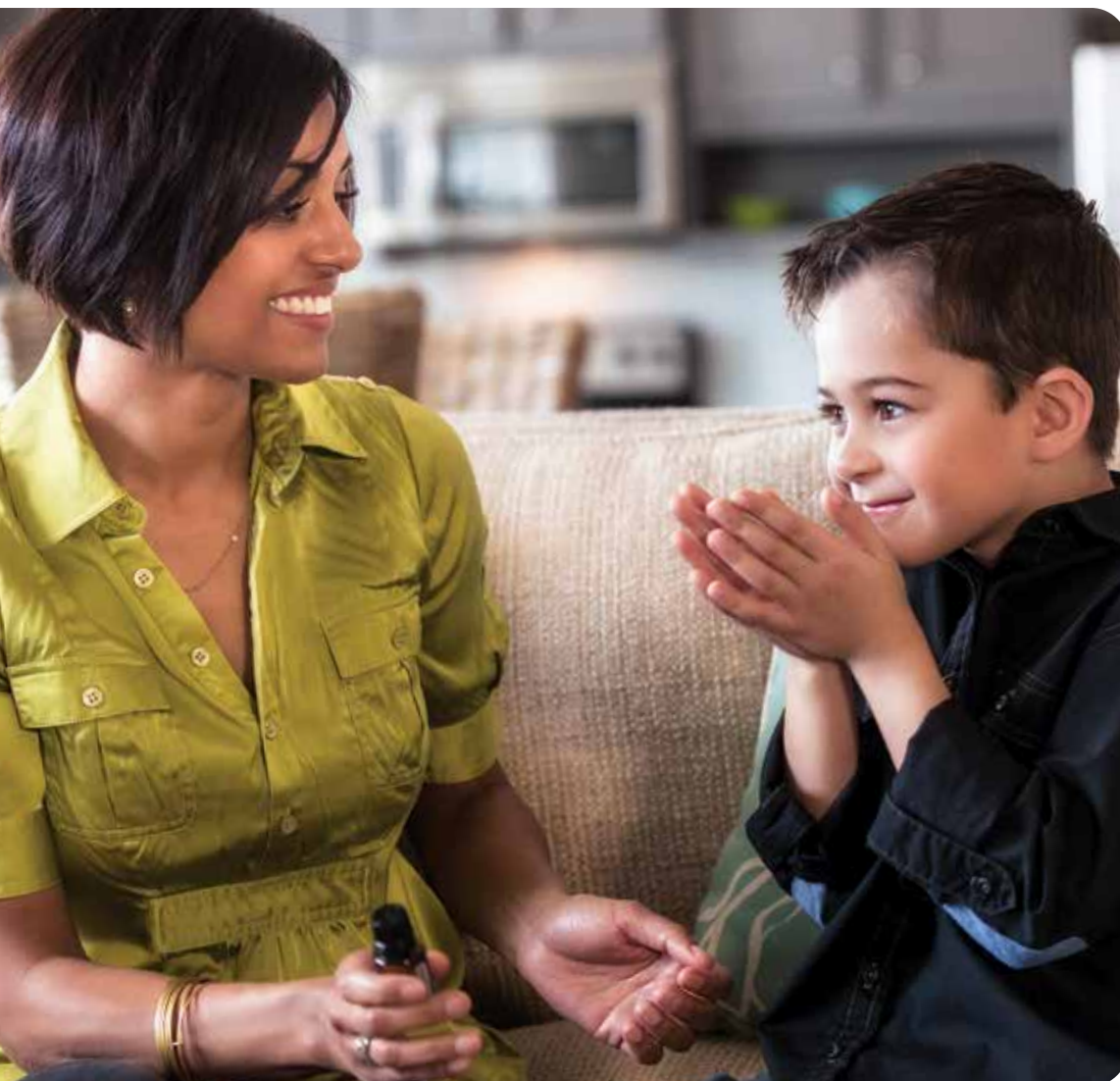
## ESSENTIAL OIL BLENDS

### Quick Reference Chart

	APPLICATION			SKIN SENSITIVITY			SKU	RETAIL	WHOLE-SALE	PV
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE				
<b>AROMATOUCH®</b> <i>Massage Blend</i> (Cypress, Marjoram, Peppermint, Basil, Grapefruit, Lavender)		T		N			31200001	\$34.67	\$26.00	26
<b>BALANCE™</b> <i>Grounding Blend</i> (Spruce, Ho Wood, Frankincense, Blue Tansy, Blue Chamomile in a base of Fractionated Coconut Oil)	A	T		N			31010001	\$26.67	\$20.00	20
<b>BREATHE™</b> <i>Respiratory Blend</i> (Laurel Leaf, Peppermint, Eucalyptus, Ravensara, Melaleuca, Lemon, Cardamom)	A	T			S		49370001	\$26.66	\$20.00	20
<b>CITRUS BLISS®</b> <i>Invigorating Blend</i> (Wild Orange, Lemon, Grapefruit, Mandarin, Bergamot, Tangerine, Clementine, with Vanilla Absolute)	A	T		N			31020001	\$20.00	\$15.00	15
<b>CLARYCALM®</b> <i>Monthly Blend for Women</i> (Clary Sage, Lavender, Bergamot, Roman Chamomile, Cedarwood, Ylang Ylang, Geranium, Fennel, Carrot Seed, Palmarosa, Vitex)	A	T		N			35270001	\$32.67	\$24.50	24.5
<b>DEEP BLUE®</b> <i>Soothing Blend</i> <span>top seller</span> (Wintergreen, Camphor, Peppermint, Blue Tansy, German Chamomile, Helichrysum, Osmanthus)		T			S		31050001	\$42.67	\$32.00	32
<b>DIGESTZEN®</b> <i>Digestive Blend</i> <span>top seller</span> (Ginger, Peppermint, Tarragon, Fennel, Caraway, Coriander, Anise)	A	T	I	N			31030001	\$41.33	\$31.00	31
<b>ELEVATION</b> <i>Joyful Blend</i> (Lavandin, Lavender, Tangerine, Elemi, Lemon Myrtle, Melissa, Ylang Ylang, Osmanthus, Hawaiian Sandalwood)	A	T		N			31040001	\$49.33	\$37.00	37
<b>HD CLEAR™</b> <i>Topical Blend</i> (Black Cumin Seed Oil, Ho Wood, Melaleuca, Eucalyptus, Geranium, Litsea)		T		N			49400001	\$28.00	\$21.00	21
<b>IMMORTELLE</b> <i>Anti-Aging Blend</i> <span>New Look!</span> (Frankincense, Hawaiian Sandalwood, Lavender, Myrrh, Helichrysum, Rose)		T		N			37140001	\$92.67	\$69.50	69.5
<b>INTUNE®</b> <i>Focus Blend</i> (Amyris, Patchouli, Frankincense, Lime, Ylang Ylang, Hawaiian Sandalwood, Roman Chamomile)	A	T		N			41840001	\$46.00	\$34.50	34.5
<b>ON GUARD®</b> <i>Protective Blend</i> <span>top seller</span> (Wild Orange, Clove, Cinnamon, Eucalyptus, Rosemary)	A	T	I		S		31100001	\$42.67	\$32.00	32
<b>PASTTENSE®</b> <i>Tension Blend</i> (Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil, Rosemary)	A	T		N			31350001	\$24.67	\$18.50	18.5
<b>PURIFY</b> <i>Cleansing Blend</i> (Lemon, Lime, Siberian Fir, Austrian Fir, Citronella, Melaleuca, Cilantro)	A	T		N			31060001	\$24.00	\$18.00	18
<b>SERENITY™</b> <i>Calming Blend</i> (Lavender, Sweet Marjoram, Roman Chamomile, Ylang Ylang, Hawaiian Sandalwood with Vanilla Absolute)	A	T		N			31090001	\$40.00	\$30.00	30
<b>SLIM &amp; SASSY®</b> <i>Metabolic Blend</i> <span>top seller</span> (Grapefruit, Lemon, Peppermint, Ginger, Cinnamon)	A	T	I		S		31370001	\$32.67	\$24.50	24.5
<b>TERRASHIELD®</b> <i>Repellent Blend</i> (A proprietary blend of CPTG Certified Pure Therapeutic Grade® essential oils in a base of pure Fractionated Coconut Oil)	A	T		N			31190001	\$12.67	\$9.50	9.5
<b>WHISPER™</b> <i>Blend for Women</i> (Bergamot, Ylang Ylang, Patchouli, Cinnamon, Labdanum, Vetiver, Hawaiian Sandalwood, Rose, and Vanilla, Jasmine, and Cocoa Absolutes in a base of Fractionated Coconut Oil)	A	T		N			31080001	\$32.00	\$24.00	24
<b>ZENDOCRINE®</b> <i>Detoxification Blend</i> (Tangerine, Rosemary, Geranium, Juniper Berry, Cilantro)	A	T	I	N			31460001	\$32.67	\$24.50	24.5

**APPLICATION METHODS** A Can be used aromatically T Can be used topically I Can be used internally

**SKIN SENSITIVITY** N Can be used topically with no dilution (NEAT) S Dilute for young or sensitive skin (SENSITIVE) D Dilute before using topically (DILUTE)



### CITRUS BLISS® INVIGORATING BLEND



The harmonious blend of Citrus Bliss combines the powerful benefits of popular citrus essential oils.

- Merges Wild Orange, Lemon, Grapefruit, Mandarin, Bergamot, Tangerine, and Clementine essential oils with a hint of vanilla
- Cleanses and purifies the air
- Helps reduce stress and tension
- Positively affects mood with energizing and refreshing properties

<b>31020001</b>	15 mL bottle	
\$20.00 retail	\$15.00 wholesale	15 PV

### CLARYCALM® MONTHLY BLEND FOR WOMEN



dōTERRA® ClaryCalm helps women manage the symptoms of PMS and the transitional phases of menopause in a natural, effective way.

- Features a blend of Clary Sage, Lavender, Bergamot, Roman Chamomile, Cedarwood, Ylang Ylang, Geranium, Fennel, Palmarosa, Carrot Seed, and Vitex essential oils
- Helps balance hormones
- Provides temporary respite from cramps, hot flashes, and emotional swings

<b>35270001</b>	10 mL roll on	
\$32.67 retail	\$24.50 wholesale	24.5 PV

*"I use Breathe Respiratory Blend on the bottom of my children's feet at night, and they sleep the whole night through. I really appreciate this natural alternative for my family."*

Angela M., Montana, USA

### DEEP BLUE® top seller SOOTHING BLEND



Deep Blue provides soothing relief for sore muscles and joints that can be felt almost immediately.

- Features Wintergreen, Camphor, Peppermint, Blue Tansy, German Chamomile, Helichrysum, and Osmanthus essential oils
- Soothes sore muscles and achy joints
- Supports healthy circulation

<b>31050001</b>	5 mL bottle	
\$42.67 retail	\$32.00 wholesale	32 PV

<b>31380001</b>	10 mL roll on	
\$85.33 retail	\$64.00 wholesale	64 PV

### DIGESTZEN® top seller DIGESTIVE BLEND



The well-recognized essential oils in DigestZen are known for providing soothing digestive relief.

- Features a proprietary blend of Ginger, Peppermint, Tarragon, Fennel, Caraway, Coriander, and Anise essential oils
- Aids in the digestion of foods
- Maintains a healthy gastrointestinal tract
- Soothes occasional stomach upset

**See page 41 for DigestZen Softgels**

<b>31030001</b>	15 mL bottle	
\$41.33 retail	\$31.00 wholesale	31 PV

### ELEVATION JOYFUL BLEND



Elevation is a proprietary blend of mood-elevating essential oils that revitalize the mind and body.

- Features Lavandin, Lavender, Tangerine, Elemi, Lemon Myrtle, Melissa, Ylang Ylang, Osmanthus, and Hawaiian Sandalwood essential oils
- Elevates mood and increases vitality
- Energizing and refreshing aroma

<b>31040001</b>	15 mL bottle	
\$49.33 retail	\$37.00 wholesale	37 PV



## HD CLEAR™ TOPICAL BLEND



Used as a spot treatment or an over-all application, HD Clear Topical Blend promotes a clean and healthy complexion with essential oils renowned for their skin-benefiting properties.

- Features a unique blend of black cumin seed oil as well as CPTG® essential oils of Ho Wood, Melaleuca, Eucalyptus, Geranium, and Litsea
- Helps balance overactive sebaceous glands
- Promotes clear, smooth skin by targeting the site of blemishes

<b>49400001</b>	10 mL roll on	
\$28.00 retail	\$21.00 wholesale	21 PV

## IMMORTELE ANTI-AGING BLEND

New Look!



This powerful blend of anti-aging essential oils nourishes and protects skin for a smooth, radiant, youthful-looking complexion.

- Features the renewing power of rare essential oils—Frankincense, Hawaiian Sandalwood, Lavender, Myrrh, Helichrysum, and Rose
- Reduces the appearance of fine lines and wrinkles
- Helps reduce inflammation, a contributing factor to aging skin

<b>37140001</b>	10 mL roll on	
\$92.67 retail	\$69.50 wholesale	69.5 PV

## INTUNE® FOCUS BLEND



InTune is a proprietary blend of carefully selected essential oils known to promote mental clarity and focus.

- Features Amyris, Patchouli, Frankincense, Lime, Ylang Ylang, Hawaiian Sandalwood, Roman Chamomile
- Enhances and sustains focus
- Supports efforts of those who have difficulty paying attention and staying on task

<b>41840001</b>	10 mL roll on	
\$46.00 retail	\$34.50 wholesale	34.5 PV



## ON GUARD® PROTECTIVE BLEND



With its unique aroma, On Guard offers a fragrant, natural, and effective alternative to synthetic options for immune support.

- Features a combination of Wild Orange, Clove Bud, Cinnamon, Eucalyptus, and Rosemary essential oils
- Formulated to support healthy immune function
- Protects against environmental threats
- Safe for use on countertops, as a non-toxic cleaner, or to purify the air through diffusion

See page 47 for On Guard + Softgels

<b>31100001</b>	15 mL bottle	
\$42.67 retail	\$32.00 wholesale	32 PV

## ON GUARD® BEADLET

On Guard Beadlets provide an easy and convenient way to obtain the immune-boosting benefits of On Guard Protective Blend.

- Supports healthy immune function
- Provides a convenient consumption method for On Guard Protective Blend
- Freshens breath

<b>31580001</b>	125 beadlets	
\$20.00 retail	\$15.00 wholesale	15 PV



**APPLICATION METHODS** **A** Can be used aromatically **T** Can be used topically **I** Can be used internally

**SKIN SENSITIVITY** **N** Can be used topically with no dilution (NEAT) **S** Dilute for young or sensitive skin (SENSITIVE) **D** Dilute before using topically (DILUTE)

### PASTTENSE® TENSION BLEND

**A** **T** **N**

PastTense is a distinctive blend of essential oils known to reduce the discomforts associated with tension and stress.

- Features Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil, and Rosemary essential oils
- Eases muscle tension in the head and neck
- Helps reduce stress and anxious feelings
- Packaged for convenient application in a roll-on bottle

<b>31350001</b>	10 mL roll on	
\$24.67 retail	\$18.50 wholesale	18.5 PV

### PURIFY CLEANSING BLEND

**A** **T** **N**

Purify is designed to eliminate odors and other contaminants naturally—without toxic additives.

- Features Lemon, Lime, Siberian Fir, Austrian Fir, Citronella, Melaleuca, and Cilantro essential oils
- Refreshing aroma eradicates unpleasant odors and clears the air
- Protects against environmental threats

<b>31060001</b>	15 mL bottle	
\$24.00 retail	\$18.00 wholesale	18 PV

### SERENITY™ CALMING BLEND

**A** **T** **N**

Serenity relaxes the mind and body while creating a sense of peace and well-being.

- Features Lavender, Sweet Marjoram, Roman Chamomile, Ylang Ylang, and Hawaiian Sandalwood essential oils and vanilla bean
- Creates a perfect escape with its calming, renewing fragrance
- Supports restful sleep
- Diffuses into a subtle aroma, ideal for aromatic benefits

<b>31090001</b>	15 mL bottle	
\$40.00 retail	\$30.00 wholesale	30 PV



### SLIM & SASSY® METABOLIC BLEND



Support your weight maintenance goals with the proprietary essential oil blend of Slim & Sassy.

- Formulated with Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon essential oils
- Promotes healthy metabolism
- Helps manage hunger cravings
- Calms your stomach and lifts your mood
- Diuretic, stimulant, and calorie free

<b>31370001</b>	15 mL bottle
\$32.67 retail	\$24.50 wholesale   24.5 PV

### TERRASHIELD® REPELLENT BLEND



Just a small amount of super-concentrated TerraShield provides powerful outdoor protection.

- A proprietary blend of essential oils carefully balanced in a base of pure Fractionated Coconut Oil
- Repels insects more effectively than other synthetic repellents
- Can be used safely by everyone in the family

<b>31190001</b>	15 mL bottle
\$12.67 retail	\$9.50 wholesale   9.5 PV

### WHISPER™ BLEND FOR WOMEN



Create a beautiful and unique personal fragrance with the essences of the most appealing CPTG® essential oils.

- Contains Bergamot, Ylang Ylang, Patchouli, Cinnamon, Labdanum, Vetiver, Hawaiian Sandalwood, Rose, and Vanilla, Jasmine, Cocoa Absolutes in a base of Fractionated Coconut Oil
- Combines with your individual chemistry to create a beautiful, unique, and personal fragrance

<b>31080001</b>	5 mL bottle
\$32.00 retail	\$24.00 wholesale   24 PV

### ZENDOCRINE® DETOXIFICATION BLEND



Zendocrine essential oil blend supports the body's natural ability to rid itself of unwanted substances. This powerful blend contains essential oils known for their detoxifying properties and ability to support a healthy endocrine system and liver function.

- Features Tangerine, Rosemary, Geranium, Juniper Berry, and Cilantro essential oils.
- Purifying and detoxifying to the body's systems
- Supports a healthy endocrine system and liver function

<b>31460001</b>	15 mL bottle
\$32.67 retail	\$24.50 wholesale   24.5 PV





# ESSENTIAL USAGE

The benefits of CPTG® essential oils can be realized through several delivery methods: aromatically, topically, and internally. dōTERRA® helps facilitate the different options for the use of essential oils in their various forms by providing quality products that follow traditional applications as well as more technologically advanced applications with state-of-the-art diffusers. Using a variety of application methods can offer a unique and exciting experience with each oil. Be sure to refer to the essential oil usage charts and follow usage recommendations to ensure safe application.

## AROMATIC USE

### PETAL DIFFUSER

The dōTERRA Petal Diffuser is a small, user-friendly diffuser that delivers health-promoting benefits to your family and home. It has a relaxing mist and soft white ambient light, making it ideal for nighttime diffusion, and can cover up to 330 square feet. The Petal Diffuser has three timed settings—1, 2, and 4 hours—allowing you to customize the release of essential oils into the air. This convenient diffuser is stable, light, and easy to use—perfect for home or office use.

- 1, 2, and 4 hour diffuser settings
- Optional LED light
- Ultra-fine mist reaches up to 330 square feet.
- Simple, 3 piece diffuser is easy and convenient to use

<b>33150001</b>		
\$62.67 retail	\$47.00 wholesale	40 PV

### AROMA-ACE DIFFUSER

The state-of-the-art diffusion technology found in the Aroma-Ace Diffuser allows you to quickly enjoy the benefits of diffusing essential oils.

- Easy-to-use timing provides flexibility and convenience
- Output volume control allows you to choose the intensity of your aromatherapy experience
- Preserves the natural essence and complete therapeutic benefits of essential oils by not using heat or water
- Comes with a 15 mL bottle of On Guard® Protective Blend

<b>33030001</b>		
\$173.27 retail	\$129.95 wholesale	40 PV

### LOTUS DIFFUSER NEW DESIGN!

Modern and elegant, the Lotus Diffuser quickly releases the therapeutic benefits of dōTERRA essential oils into the air.

- Features three settings—1, 2, and 3 hours, along with an optional night light
- Covers up to 330 square feet
- Provides a decorative piece to any home or office

<b>33160001</b>		
\$119.93 retail	\$89.95 wholesale	40 PV

### AROMA LITE DIFFUSER

Experience the aromatic and therapeutic benefits of dōTERRA CPTG® essential oils with the dōTERRA Aroma Lite Diffuser. Utilizing real-time atomization technology, the Aroma Lite Diffuser creates an ultra-fine mist output of 1-3 microns for maximum diffusion of dōTERRA essential oils.

- Silently and powerfully diffuses essential oils
- Features four LED mist settings and an optional night light
- Designed to be small and compact—perfect for traveling and hotel use

<b>33130001</b>		
\$119.93 retail	\$89.95 wholesale	40 PV



Petal Diffuser



Aroma-Ace™ Diffuser



Lotus Diffuser





## TOPICAL USE

### HAND AND BODY LOTION

Enjoy the benefits of adding your favorite essential oils as you discover silky, smooth skin with this hydrating lotion.

- Fragrance-free, lightweight lotion—perfect for hydrating the skin
- Combine with your favorite essential oils for added benefits
- Provides your skin with important antioxidants, botanicals, and humectants
- Features cruciferous vegetable extracts to help build the skin's natural defenses

<b>36100001</b>	6.7 oz tube
\$19.33 retail	\$14.50 wholesale   14.5 PV

### 3-PACK

<b>36110001</b>	Three 6.7 oz tubes
\$39.93 retail	\$29.95 wholesale   25 PV

### FRACTIONATED COCONUT OIL



Combine dōTERRA® Fractionated Coconut Oil with your favorite dōTERRA essential oils for your own readily-absorbable blend.

- Feather-light emollient provides a soothing barrier without clogging pores
- Ideal for combining with essential oils for topical therapies
- Completely soluble with all essential oils; odorless, colorless, and non-staining

<b>30260001</b>	4 oz
\$16.00 retail	\$12.00 wholesale   12 PV

## INTERNAL USE

### VEGGIE CAPS

Customize your essential oil supplement regimen with vegetarian capsules that absorb quickly and easily.

- Free of preservatives, gelatin, wheat, sugar, starch, dairy, and animal products
- Made of inert vegetable ingredients that do not interfere with digestion
- Includes 160 HPMC capsules

<b>34100001</b>	160 HPMC capsules
\$5.33 retail	\$4.00 wholesale   0 PV



MADE WITH SLS-FREE  
VEGETABLE CAPSULES



Aroma Lite Diffuser

# Play longer and harder with DEEP BLUE® PRODUCTS

dōTERRA®'s soothing combination of CPTG Certified Pure Therapeutic Grade® essential oils of Wintergreen, Camphor, Peppermint, Blue Tansy, German Chamomile, Helichrysum, and Osmanthus becomes an ally for occasional achy muscles by offering penetrating and sustained results from discomfort. Available as a cream or roll-on for easy application, sore joints and muscles will not want to be without this therapeutic and soothing blend.



## DEEP BLUE® top seller SOOTHING BLEND



A synergistic blend of CPTG® essential oils, Deep Blue provides instant relief for the occasional discomfort of tired, sore, and worn-down muscles.

- Features Wintergreen, Camphor, Peppermint, Blue Tansy, German Chamomile, Helichrysum, and Osmanthus essential oils
- Apply directly to area to relieve occasional joint and muscle pain

<b>31050001</b>	5 mL bottle
\$42.67 retail	\$32.00 wholesale   32 PV

<b>31380001</b>	10 mL roll on
\$85.33 retail	\$64.00 wholesale   64 PV



## DEEP BLUE® RUB SOOTHING LOTION

Infused with Deep Blue Soothing Blend, Deep Blue Rub provides targeted comfort to the occasional pain associated with tired and sore joints and muscles.

- Formulated with the Deep Blue proprietary blend of essential oils and other powerful ingredients
- Cools and warms problem areas
- Blended in a base of moisturizing emollients that leave your skin feeling soft, not greasy

<b>38900001</b>	4 oz
\$39.00 retail	\$29.25 wholesale   29.25 PV

## DEEP BLUE® RUB SAMPLES

Receive the targeted comfort of dōTERRA Deep Blue Rub in a convenient 10 pack carton. Enjoy sharing its soothing power at sporting events, the gym, or on the go.

- Ten 2 mL foil packets
- Formulated with Deep Blue Soothing Blend
- Easy to share and convenient to take on the go

<b>38950001</b>	Ten 2 mL samples
\$6.67 retail	\$5.00 wholesale   0 PV

## DEEP BLUE NEW! POLYPHENOL COMPLEX™

Now Deep Blue has a nutritional supplement, that contains powerful polyphenols clinically tested to help with soreness and discomfort.

- Patent-pending, fast-acting boswellia extract shown to help support joint comfort and function
- Includes proprietary, standardized extracts of ginger, curcumin, resveratrol, and other polyphenols to soothe aches and discomfort
- Can be used in tandem with Deep Blue Rub or Deep Blue Soothing Blend

<b>34360001</b>	60 Vegetable capsules
\$79.33 retail	\$59.50 wholesale   59.5 PV

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Quick and Effective CORRECT-X®

Frankincense, Helichrysm, Melaleuca, Cedarwood, and Lavender—all CPTG® essential oils known to help assist in soothing various skin irritations—form the base of dōTERRA® Correct-X. This multi-purpose, all natural ointment helps soothe your skin and enhance the natural process of skin returning to a healthy state after being distressed. Correct-X provides a moisture barrier that helps protect against additional damage while simultaneously soothing and hydrating the skin. This petroleum and preservative free ointment absorbs quickly and is gentle and non-irritating, making it ideal for sensitive skin.



### **CORRECT-X® ESSENTIAL OIL OINTMENT**

Correct-X is an all-natural topical ointment using powerful CPTG essential oils that assists in soothing various skin conditions.

- Petroleum free
- Includes plant-based ingredients that are valuable in promoting skin health
- Safe and easy to use
- Utilizes CPTG essential oils of Frankincense, Helichrysum, Melaleuca, Cedarwood, and Lavender

<b>60110001</b>	15 mL/.5 oz	
\$16.00 retail	\$12.00 wholesale	10 PV







# Support immune function with ON GUARD® PRODUCTS

On Guard is one of the most popular and versatile dōTERRA® CPTG Certified Pure Therapeutic Grade® essential oil blends. The proprietary combination of Wild Orange, Clove, Cinnamon, Eucalyptus, and Rosemary essential oils is an active component in a first line of defense for immune support. It is a non-toxic and superb way to support the immune system. The On Guard Protective Blend has been integrated into a variety of dōTERRA products to provide diverse ways to use its powerful benefits.



**ON GUARD®** top seller  
**PROTECTIVE BLEND**



- With its unique aroma, On Guard offers a fragrant, natural, and effective alternative to synthetic options for immune support.
- Features a combination of Wild Orange, Clove, Cinnamon, Eucalyptus, and Rosemary essential oils
  - Formulated to support healthy immune function
  - Protects against environmental threats
  - Safe for use on countertops, as a non-toxic cleaner, or to purify the air through diffusion

See page 7 for On Guard + Softgels

31100001	15 mL bottle
\$42.67 retail	\$32.00 wholesale 32 PV



**ON GUARD®** NEW BOTTLE!  
**BEADLET**

On Guard Beadlets provide an easy and convenient way to obtain the immune-boosting benefits of On Guard Protective Blend.

- Supports healthy immune function
- Provides a convenient consumption method for On Guard Protective Blend
- Freshens breath

31580001	125 beadlets
\$20.00 retail	\$15.00 wholesale 15 PV

**ON GUARD®**  
**FOAMING HAND WASH**

Keep your hands clean and protected with the power of On Guard essential oil blend.

- Conveniently packaged in a 16-ounce bottle that fills 8-ounce foaming dispensers
- Formulated with the unique On Guard Protective Blend
- Non-toxic and environmentally safe



**ON GUARD® FOAMING HAND WASH  
WITH 2 DISPENSERS**

38070001	16 oz Hand Wash, 2 dispensers
\$30.00 retail	\$22.50 wholesale 18.5 PV



**SINGLE REFILL**

38010001	16 oz Hand Wash
\$24.67 retail	\$18.50 wholesale 18.5 PV



**TWIN PACK REFILL**

38020001	16 oz Hand Wash
\$44.67 retail	\$33.50 wholesale 33.5 PV





### ON GUARD® LAUNDRY DETERGENT

On Guard Laundry Detergent is a naturally based, highly concentrated 6X laundry detergent that utilizes the power of On Guard Protective Blend and bio-originated enzymes for amazingly clean clothes.

- Each naturally sourced enzyme targets and gently removes specific types of stains
- Contains 10 mL of On Guard Protective Blend (over \$28 retail value) for an added cleaning boost
- Safe for the environment and the whole family
- 64 loads in each bottle; 1 Tablespoon = 1 load (using a high efficiency washer)
- Great as a pre-treatment for stains

<b>38980001</b>	32 fl oz	
\$32.67 retail	\$24.50 wholesale	20 PV

### ON GUARD® CLEANER CONCENTRATE

The ideal natural cleaner, On Guard Concentrate is fortified with On Guard Protective Blend.

- Features a non-toxic, biodegradable formula safe for the entire family
- Combines plant-based derivatives with the powerful On Guard Protective Blend
- Perfect for hard surface cleaning needs with exceptional results
- Leaves behind a clean, invigorating scent

<b>38140001</b>	12 fl oz	
\$19.33 retail	\$14.50 wholesale	10 PV





### ON GUARD® PROTECTING THROAT DROPS

Keep your winter season healthy with the convenience of these immune-supporting throat drops.

- Helps calm and soothe occasional dry, scratchy throats
- Features the unique properties of On Guard Protective Blend
- Formulated with all-natural organic cane juice and brown rice syrup

<b>34050001</b>	30 drops	
\$19.33 retail	\$14.50 wholesale	14.5 PV

### ON GUARD® NATURAL WHITENING TOOTHPASTE

Clean and protect teeth with the added benefit of therapeutic-grade On Guard essential oil blend.

- Fluoride-free formulation helps reduce plaque while whitening teeth
- Unique cinnamon-mint flavor mixed with xylitol for fresh and clean breath and toothbrush
- Boasts the protective benefits of On Guard essential oil blend

<b>38910001</b>	4.2 oz	
\$11.33 retail	\$8.50 wholesale	5 PV



### ON GUARD® WHITENING TOOTHPASTE SAMPLES

The amazing benefits of On Guard Whitening Toothpaste need to be shared and this new convenient packaging provides the opportunity to share it with 10 of your closest friends.

- Pack of 10 in a convenient envelope-style box
- Same formula as the full-sized tube
- Easy to share and convenient to take on-the-go

<b>39000001</b>	10 samples, 2 g each	
\$4.67 retail	\$3.50 wholesale	0 PV



# Respiratory support with dōTERRA® BREATHE™ PRODUCTS

Respiratory issues are not fun and we all turn to anything that will help; unfortunately, very little ever does. Breathe essential oil is a tried and true support to this age-old foe and has come to be a trusted name to many. Now the benefits of Breathe are available in a respiratory drop to increase availability of these amazing benefits throughout the day.

## BREATHE™ RESPIRATORY BLEND



This remarkable blend of dōTERRA essential oils promotes clear breathing and healthy respiratory function.

- Proprietary blend includes Laurel Leaf, Peppermint, Eucalyptus, Melaleuca, Lemon, Ravensara, and Cardamom
- Maintains clear airways and breathing
- Supports overall respiratory health
- Perfect for nighttime diffusion, allowing for a restful sleep

<b>49370001</b>	15 mL bottle
\$26.67 retail	\$20.00 wholesale   20 PV



## BREATHE™ RESPIRATORY DROPS

The respiratory benefits of selected CPTG® essential oils from the Breathe blend can be found in this convenient and great-tasting lozenge.

- Proprietary blend includes: Lemon, Peppermint, Eucalyptus, Thyme, Melissa, and Cardamom
- Maintains clear airways and breathing
- Supports overall respiratory health

<b>35460001</b>	30 drops
\$19.33 retail	\$14.50 wholesale   14.5 PV



## *Healthy, radiant skin with* **dōTERRA® VERÁGE™**

dōTERRA Veráge™ is an exclusive collection of natural skin care products that nourish your skin, helping to reduce the visible signs of aging while also promoting smooth, supple skin. The advanced plant technology used in Veráge promotes an optimal lipid balance—the same balance found in healthy, youthful-looking skin. Each product is composed of true gifts from the Earth—nourishing plant extracts, pure and potent essential oils, and select natural ingredients. The Veráge Skin Care Collection delivers benefits your skin will love, naturally.



**VERÁGE™ CLEANSER**

Healthy, smooth skin begins with Veráge Cleanser. This all natural gel cleanser purifies skin for a fresh, youthful-looking complexion.

- Infused with CPTG® essential oils of Wild Orange, Melaleuca, and Basil to gently cleanse and lift away impurities
- Invigorates and cleanses skin while natural emollients nourish and hydrate

<b>37380001</b>	60 mL/ 2 fl oz
\$33.33 retail	\$25.00 wholesale   25 PV

**VERÁGE™ TONER**

Veráge Toner combines CPTG® essential oils with nourishing plant extracts to tighten, tone, and smooth skin—anytime, anywhere. This hydrating toner fortifies and refreshes the skin while invigorating the senses for an energizing boost and a glowing complexion.

- CPTG essential oils of Ylang Ylang, Palmarosa, Cypress, and Coriander tone and balance skin
- Nourishing plant extracts provide targeted moisture and toning to help skin look its best
- Easy mist application

<b>37390001</b>	50 mL/1.7 fl oz
\$29.33 retail	\$22.00 wholesale   22 PV

**VERÁGE™ IMMORTELLE HYDRATING SERUM**

Experience the age-defying effects of Veráge Immortelle Hydrating Serum. This powerful formula combines CPTG essential oils with plant extracts for smoother, more youthful-looking skin.

- Utilizes the CPTG essential oils found in the popular Immortelle blend for radiant skin
- Specialized plant technology promotes optimal lipid balance

<b>37400001</b>	15 mL/.5 fl oz
\$86.67 retail	\$65.00 wholesale   65 PV

**VERÁGE™ MOISTURIZER**

Veráge Moisturizer combines CPTG essential oils with plant extracts for natural hydration and skin nourishment. This light, non-greasy moisturizer absorbs quickly but hydrates deeply, helping to reduce the appearance of fine lines and wrinkles for a smooth, even complexion.

- Formulated with CPTG essential oils of Juniper Berry, Jasmine, Sea Buckthorn Berry, and Geranium—all known to revitalize the skin
- Uses natural ingredients to hydrate skin, helping to reduce the appearance of fine lines and wrinkles

<b>37410001</b>	30 mL/1 fl oz
\$37.33 retail	\$28.00 wholesale   28 PV

### Clinically supported benefits of the Veráge ingredients

- Smoothes skin texture
- Reduces appearance of wrinkles
- Minimizes mechanical creasing
- Minimizes pore appearance
- Evens tone

**VERÁGE™ SKIN CARE COLLECTION**

A collection that brings together Veráge Cleanser, Toner, Immortelle Hydrating Serum, and Moisturizer for beautiful, healthy skin.

<b>42690001</b>	SAVE \$74.00 RETAIL
\$112.67 retail	\$84.50 wholesale   70 PV



# Clear, smooth skin starts with HD CLEAR™

HD Clear is a line of natural and highly effective products that address problem skin at its core. This three-step system works synergistically to purge skin of impurities, regulate sebum production, and help reduce breakouts. Included in each formula are CPTG® essential oils along with specialized plant extracts proven to improve skin texture and promote healthy cell renewal. Using HD Clear everyday will result in a clear, smooth, healthy complexion.

## HD CLEAR™ FOAMING FACE WASH

Discover the perfect solution for problem skin of all ages with the dōTERRA® HD Clear Foaming Face Wash.

- Designed to thoroughly cleanse without stripping away natural moisture
- Contains CPTG essential oils and plant extracts that will leave your skin extra clean and soft.

<b>49420001</b>	50 mL 1.7 oz
\$28.00 retail	\$21.00 wholesale   21 PV

## HD CLEAR™ TOPICAL BLEND



Used as a spot treatment or an over-all application, HD Clear Topical Blend promotes a clean and healthy complexion with essential oils renowned for their skin-benefiting properties.

- Features a unique blend of black cumin seed oil as well as CPTG essential oils of Ho Wood, Melaleuca, Eucalyptus, Geranium, and Litsea
- Helps balance overactive sebaceous glands
- Promotes clear, smooth skin by targeting the site of blemishes

<b>49400001</b>	10 mL roll on
\$28.00 retail	\$21.00 wholesale   21 PV



## HD CLEAR™ KIT

This kit contains HD Clear Foaming Face Wash, Topical Blend, and Facial Lotion for a beautifully balanced complexion.

<b>42700001</b>	SAVE \$40.00 RETAIL
\$61.33 retail	\$46.00 wholesale   40 PV

## HD CLEAR™ FACIAL LOTION

Enjoy a beautiful, smooth complexion with HD Clear Facial Lotion. This lotion contains natural emollients to promote healthy levels of moisture in the skin for a balanced complexion as well as CPTG® essential oils combined with botanical extracts known to assist in achieving blemish-free skin.

- Features a unique blend of black cumin seed oil as well as CPTG essential oils of Ho Wood, Melaleuca, Eucalyptus, Geranium, and Litsea
- All natural ingredients help target blemishes for clear and clean skin
- Absorbs quickly leaving skin feeling soft and smooth

<b>49410001</b>	50 mL 1.7 oz
\$45.33 retail	\$34.00 wholesale   34 PV





### REVEAL FACIAL SYSTEM

Reveal Facial System is a two-step process that will give your face a spa-like treatment, bringing the glow of your skin's radiance and beauty to the surface.

- Features dōTERRA citrus essential oils of Lime and Wild Orange to purify the skin
- Tiny polishing beads and botanical enzymes exfoliate dead skin cells for a fresh face
- Protein-building peptides support healthy and youthful-looking skin
- Nutrient-rich formula helps maintain a radiant complexion

<b>37340001</b>	2 tubes — 1.7 oz each
\$80.00 retail	\$60.00 wholesale   60 PV

*"The Reveal Facial System is my most favorite skin care product that I have ever used. I've been involved with professional skin care lines for over 15 years, and it is like nothing I've ever used before. It's better than any exfoliant and better than any mask. The combination of effects creates instant change on my skin. It feeds my skin, hydrates, evens my tone, and leaves my skin looking and feeling amazing! I have seen incredible results using the Reveal Facial System. I couldn't live without it!"*

Brianne H., Utah, USA



### FACIAL CLEANSER

<b>37010001</b>	4 oz
\$22.00 retail	\$16.50 wholesale   16.5 PV

### PORE REDUCING TONER

<b>37020001</b>	4 oz
\$23.33 retail	\$17.50 wholesale   17.5 PV

### IMMORTELE ANTI-AGING BLEND

<b>37140001</b>	10 mL roll on
\$92.67 retail	\$69.50 wholesale   69.5 PV

### TIGHTENING SERUM

<b>37040001</b>	1 oz
\$66.00 retail	\$49.50 wholesale   49.5 PV

### ANTI-AGING MOISTURIZER

<b>37030001</b>	1.7 oz
\$46.00 retail	\$34.50 wholesale   34.5 PV

### INVIGORATING SCRUB

<b>37050001</b>	2.5 oz
\$24.00 retail	\$18.00 wholesale   18 PV

### HYDRATING CREAM

<b>37160001</b>	1.7 oz
\$46.00 retail	\$34.50 wholesale   34.5 PV





## *Beautiful, shiny hair with* **SALON ESSENTIALS HAIR CARE**

dōTERRA® Salon Essentials™ Hair Care products are inspired by the concept that extremely pure botanical extracts combined with the most advanced technological ingredients will provide unparalleled hair care benefits that optimize beautiful hair and a healthy scalp. Carefully selected CPTG® essential oils deliver therapeutic benefits in all four products. Protecting Shampoo, Smoothing Conditioner, Root to Tip Serum, and Healthy Hold Glaze work collectively or individually to promote healthy, soft, and beautifully shiny hair.



## CLINICALLY SUPPORTED BENEFITS OF THE ESSENTIAL HAIR CARE INGREDIENTS

- Helps protect color-treated hair
- Proven softening effects
- Better conditioning and detangling
- Maintains moisture capacity in both hair and scalp
- Antioxidant action
- Strengthens and smoothes cuticles
- Less hair breakage
- Proprietary blend of essential oils for healthy hair and scalp



### SALON ESSENTIALS™ HAIR CARE SYSTEM

Salon Essentials Hair Care System is the perfect way to experience the amazing benefits of all four dōTERRA hair care products and provide a great savings. By purchasing the Protecting Shampoo, Smoothing Conditioner, and the Root to Tip Serum in the Salon Essentials Hair Care System, Healthy Hold Glaze comes FREE!

36280001	\$103.33 retail	\$77.50 wholesale	70 PV
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### LOYALTY REWARDS PRICING

PROTECTING SHAMPOO 2-PACK	36240001	\$32.67 retail	\$24.50 wholesale	19.5 PV
SMOOTHING CONDITIONER 2-PACK	36250001	\$38.67 retail	\$28.00 wholesale	23 PV
SHAMPOO AND CONDITIONER	36260001	\$37.33 retail	\$28.00 wholesale	23 PV

### SALON ESSENTIALS™ PROTECTING SHAMPOO

Enjoy the professional formulation of CPTG® essential oils, gentle cleansers, and botanical extracts in dōTERRA® Salon Essentials Protecting Shampoo.

- Features a gentle lathering and cleansing boost from Wild Orange and Lime essential oils and plant extracts
- Gently removes impurities collected on the hair and scalp
- Lightly moisturizes hair, leaving it salon soft and touchable
- Provides antioxidant protection against UV damage, which can cause fading in color-treated hair

36220001	8.34 oz
\$26.00 retail	\$19.50 wholesale   19.5 PV

### SALON ESSENTIALS™ SMOOTHING CONDITIONER

Give your hair a smooth, finished look and protect it with the professional formula of Salon Essentials Smoothing Conditioner.

- Features conditioning emollients, botanical extracts, and natural proteins
- Includes a proprietary blend of CPTG essential oils for the hair and scalp
- Smoothes hair and provides an anti-static effect with nanotechnology

36230001	8.34 oz
\$30.67 retail	\$23.00 wholesale   23 PV

### SALON ESSENTIALS™ HEALTHY HOLD GLAZE

Get the all-in-one benefits of a flexible hold, health, and shine for your hair with Salon Essentials Healthy Hold Glaze.

- Protects, nourishes, and fortifies hair for optimal health and shine
- Protein-rich nanoparticles work to promote improved moisture and softness
- Offers perfect support for beautifully styled hair

36270001	4 oz
\$24.00 retail	\$18.00 wholesale   15 PV

### SALON ESSENTIALS™ ROOT TO TIP SERUM

The Root to Tip Serum provides a healthy environment for your scalp and maximizes the strength and shine of your hair.

- Infused with Lavender, Peppermint, Marjoram, Cedarwood, Lavandin, Rosemary, Niaouli, and Eucalyptus essential oils
- Provides extended protection and hydration to your scalp and hair

36210001	30 mL
\$46.67 retail	\$35.00 wholesale   35 PV

LOYALTY  
REWARDS  
PROGRAM



## dōTERRA Healing Hands™

The dōTERRA® Healing Hands Foundation™ is dōTERRA International's registered 501(c)(3) non-profit organization committed to improving lives through partnering with organizations that offer hope to millions around the world. Healing Hands seeks to bring healing and hope to the world, for lives free of disease and poverty, and to ultimately empower impoverished communities with the tools needed to become self-reliant. dōTERRA International, LLC provides for all overhead and administrative costs of the dōTERRA Healing Hands Foundation, ensuring that 100 percent of all donations go directly to those receiving aid.\*

For more information, please visit [doterrahealinghands.org](http://doterrahealinghands.org)



### HEALING HANDS LOTION

Become part of furthering the cause of the dōTERRA Healing Hands Foundation by purchasing the lovely scented Healing Hands lotion infused with Bulgarian Rose CPTG® essential oil that will not only soften the skin and emit a beautiful aroma, but will also benefit the life of someone in need. The full purchase price of \$20 will be donated to the dōTERRA Healing Hands Foundation to assist those in need throughout the world. Your heart and your skin will be softened.

<b>36170001</b>	3.3 oz	
\$20.00 retail	\$20.00 wholesale	0 PV

### TAX-DEDUCTIBLE CASH DONATION

<b>20010001</b>	\$1.00
<b>20030001</b>	\$10.00
<b>20040001</b>	\$25.00
<b>20050001</b>	\$100.00





# Indulge yourself & feel amazing

## dōTERRA® SPA

dōTERRA® Spa products are designed to provide pampering opportunities that not only care for your body's skin, but also help you feel and look young, healthy, and attractive. With the power of CPTG Certified Pure Therapeutic Grade® essential oils combined with other natural, safe ingredients, you can feel safe and content as you enjoy these luxurious products.



### CITRUS BLISS® HAND LOTION

Conveniently packaged for an on-the-go aromatic experience, this lotion softens hands and enlivens the senses with the delightful aroma of Citrus Bliss Invigorating Blend.

- Light, uplifting scent with a kiss of vanilla and a bouquet of citrus essential oils
- Perfect size to tote in the car, take to the office, or put in a purse or bag
- Provides hands with important antioxidants, botanicals, and humectants

<b>36200001</b>	2.5 fl oz tube
\$8.67 retail	\$6.50 wholesale   5 PV

### CITRUS BLISS® INVIGORATING BATH BAR

Enter a state of bliss as you clean your body with the Citrus Bliss Invigorating Bath Bar.

- Contains dōTERRA Citrus Bliss Invigorating Blend
- Perfect for every member of the family
- Gently exfoliates with natural oatmeal

<b>36130001</b>	4 oz
\$9.32 retail	\$6.99 wholesale   5 PV

### LIP BALM WITH PEPPERMINT & WILD ORANGE

Refresh your lips with the protecting power of Peppermint and Wild Orange essential oils.

- Non-waxy formula features moisturizing agents like shea and mango seed butters
- Restores moisture and elasticity to lips
- Invigorates and enhances mood with a blend of Peppermint and Wild Orange

<b>36190001</b>	.15 oz
\$6.33 retail	\$4.75 wholesale   4 PV



### HAND AND BODY LOTION

Enjoy the benefits of adding your favorite essential oils and discover silky, smooth skin with this hydrating lotion.

- Fragrance-free, light-weight lotion—perfect for hydrating the skin
- Combine with your favorite essential oils for added benefits
- Provides skin with important antioxidants, botanicals, and humectants
- Features cruciferous vegetable extracts to help build the skin's natural defenses

<b>36100001</b>	6.7 oz
\$19.33 retail	\$14.50 wholesale   14.5 PV

### 3-PACK

<b>36110001</b>	Three 6.7 oz tubes
\$39.93 retail	\$29.95 wholesale   25 PV

### SERENITY™ CALMING BATH BAR

Luxuriate as you enjoy the serene, calming influence of the Serenity Calming Bath Bar.

- Provides the benefits of Serenity Calming Blend
- Cleans and conditions your skin naturally with coconut and safflower oils and shea butter

<b>36140001</b>	4 oz
\$9.32 retail	\$6.99 wholesale   5 PV



### HAND & BODY LOTION 3-PACK + ESSENTIAL OIL MOOD MANAGEMENT KIT

This exclusive pack combines three Hand & Body Lotions with the Mood Management Kit, providing a convenient application method of dōTERRA essential oils.

- Fragrance-free, light-weight lotion—perfect for hydrating skin and mixing with essential oils
- Enhances mood with Elevation, Serenity, Balance, and Citrus Bliss essential oils
- Includes three 6.7 oz tubes of Hand & Body Lotion and four 15 mL essential oils

<b>36120001</b>	Three 6.7 oz tubes and four 15 mL bottles
\$153.33 retail	\$115.00 wholesale   100 PV





## dōTERRA DAILY VITALITY™

There are more and more health concerns with the lack of nutrients in the foods we eat because we are so reliant on processed and convenience food. There is also a concern now with many of the supplements on the market because of companies trying to pack too much into a pill. Mega dosing on some nutrients, in addition to lack of other nutrients, are both not good. Now there is a daily alternative with the right balance.

### LOYALTY REWARDS PROGRAM

Save more than 35% by purchasing all three products in the Lifelong Vitality Pack or Lifelong Vitality Vegan Pack on your Loyalty Rewards order! Join as a dōTERRA member and save even more!



### LIFELONG VITALITY PACK DIETARY SUPPLEMENTS INCLUDING ALPHA CRS+, MICROPLEX MVp™ AND xEO MEGA®

<b>20640001</b>		
\$106.00 retail	\$79.50 wholesale	60 PV



### LIFELONG VITALITY VEGAN PACK DIETARY SUPPLEMENTS INCLUDING ALPHA CRS+, MICROPLEX MVp™ AND xEO MEGA®

<b>34250001</b>		
\$106.00 retail	\$79.50 wholesale	60 PV



### ALPHA CRS+® CELLULAR VITALITY COMPLEX

Provides antioxidant protection to cellular DNA and other critical cell structures.

- Supports healthy cell proliferation and lifespan
- Promotes mitochondrial energy production
- Supports a healthy response to oxidative stress
- Features botanical extracts, carotenoids, and polyphenols as well as a cellular energy blend

<b>34180001</b>	120 Vegetable Capsules	
\$92.67 retail	\$69.50 wholesale	69.5 PV



MADE WITH SLS-FREE  
VEGETABLE CAPSULES



### xEO MEGA® NEW FORMULA! ESSENTIAL OIL OMEGA COMPLEX

xEO Mega is a revolutionary formula that blends CPTG Certified Pure Therapeutic Grade® essential oils with natural marine and plant-sourced omega-3 oils and carotenoids.

- Supports cardiovascular, immune, joint, and brain health
- Delivers equal ratio of EPA and DHA from sustainable fish and calamari oil concentrates, and Echium oil with SDA and GLA fatty acids
- Complete spectrum of carotenoids and vitamin E for antioxidant protection, plus vitamin D
- Features Clove, Frankincense, Thyme, Cumin, Wild Orange, Peppermint, Ginger, Caraway, and German Chamomile essential oils

<b>34310001</b>	120 Softgels	
\$66.00 retail	\$49.50 wholesale	49.5 PV



MADE WITH VEGETARIAN  
SOFTGELS



### MICROPLEX MVp™ NEW FORMULA! FOOD NUTRIENT COMPLEX

An all-new formula with more bioavailable ingredients designed to provide just the right amounts of vitamins, minerals, and polyphenols that your body needs each and every day

- Naturally balanced, comprehensive array of vitamins and minerals to give you just what you need, nothing more and nothing less
- Highly bioavailable chelated minerals
- Potent, antioxidant polyphenol extract blend
- All-new whole foods blend
- Also features the dōTERRA Tummy Tamer blend of Peppermint, Ginger, and Caraway Seed to help calm the stomach

<b>34320001</b>	120 Vegetable Capsules	
\$52.67 retail	\$39.50 wholesale	39.5 PV



MADE WITH SLS-FREE  
VEGETABLE CAPSULES



### DAILY NUTRIENT PACK MICROPLEX MVp® AND xEO MEGA®

LOYALTY  
REWARDS  
PROGRAM

20650001

\$79.33 retail | \$59.50 wholesale | 50 PV

LOYALTY  
REWARDS  
PROGRAM

## Customize and Save

With the purchase of one Lifelong Vitality Pack or one Daily Nutrient Pack™ via the Loyalty Rewards Program, choose up to 3 additional targeted supplements at a significant savings.

### BUY 1 LIFELONG VITALITY OR DAILY NUTRIENT PACK



\$59.50  
wholesale  
50 PV

OR



\$79.50  
wholesale  
60 PV

### AND CHOOSE UP TO 3 ADDITIONAL SUPPLEMENTS AT REDUCED PRICES



**Microplex  
MVp**  
\$20.00  
10 PV



**xEO  
Mega**  
\$20.00  
10 PV



**Mito2  
Max®**  
\$20.00  
10 PV



**Deep Blue  
Polyphenol  
Complex™**  
\$20.00  
10 PV



**TerraZyme**  
\$20.00  
10 PV



**PB Assist+®**  
\$20.00  
10 PV



**Kids Kit  
(IQ Mega®  
& A2Z)**  
\$25.00  
10 PV

## dōTERRA® Specialized SUPPLEMENTS

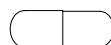
Biological, environmental, and physiological factors all contribute to each individual's nutritional health needs being unique. This means that some require an additional nutritional boost in some areas. Through cutting-edge scientific development, dōTERRA has provided a way to give that extra boost through specialized supplements. These supplements can be used in addition to the LifeLong Vitality pack to enhance certain functions.

### MITO2MAX® NEW FORMULA! ENERGY & STAMINA COMPLEX

Mito2Max is a healthier, long-term alternative to caffeine for increased energy and vitality.

- Promotes better microcirculation with Oligonol® lychee fruit extract, quercetin, and other standardized plant extracts
- Potent, full spectrum of mitochondrial energy cofactors supporting cellular aerobic capacity and energy production
- Free of stimulants; not habit forming

<b>34350001</b>	60 Vegetable capsules
\$66.00 retail	\$39.50 wholesale   39.5 PV



MADE WITH SLS-FREE  
VEGETABLE CAPSULES



### DEEP BLUE NEW! POLYPHENOL COMPLEX™

Now Deep Blue has a nutritional supplement, that contains powerful polyphenols clinically tested to help with soreness and discomfort.

- Patent-pending, fast-acting boswellia extract shown to help support joint comfort and function
- Includes proprietary, standardized extracts of ginger, curcumin, resveratrol and other polyphenols to soothe aches and discomfort
- Can be used in tandem with Deep Blue Rub or Deep Blue Soothing Blend

<b>34360001</b>	60 Vegetable capsules
\$79.33 retail	\$59.50 wholesale   59.5 PV



MADE WITH SLS-FREE  
VEGETABLE CAPSULES



### VEO MEGA® ESSENTIAL OIL OMEGA COMPLEX

VEO Mega is a revolutionary, 100 percent vegan-friendly formula blending CPTG Certified Pure Therapeutic Grade® essential oils with natural, plant-sourced essential fatty acids.

- Features Clove, Frankincense, Thyme, Cumin, Wild Orange, Peppermint, Ginger, Caraway, and German Chamomile essential oils
- Includes essential fatty acids from flax, algae, incha inchi seed, borage, cranberry, pomegranate, pumpkin, and grape seed oils
- Supports healthy cardiovascular, immune, joint, and brain health
- Includes a unique form of the carotenoid astaxanthin for antioxidant support

<b>34260001</b>	120 Liquicaps
\$66.00 retail	\$49.50 wholesale   49.5 PV



MADE WITH VEGETARIAN  
LIQUICAPS



### DDR PRIME® / DDR PRIME® SOFTGELS

#### ESSENTIAL OIL CELLULAR COMPLEX

DDR Prime is a proprietary blend of CPTG Certified Pure Therapeutic Grade® essential oils that help protect the body against oxidative stress to cellular DNA.

- Provides antioxidant protection against oxidative stress
- Supports a healthy response to cellular stressors
- Promotes healthy cellular response, repair, and regeneration
- Encapsulated in gelatin capsules for convenience

<b>41510001</b>	30 mL bottle
\$73.33 retail	\$55.00 wholesale   55 PV
<b>41740001</b>	60 softgels
\$73.33 retail	\$55.00 wholesale   55 PV



MADE WITH VEGETARIAN  
SOFTGELS



### DIGESTZEN® SOFTGELS DIGESTIVE BLEND

dōTERRA® DigestZen Softgels are a convenient and easy way to obtain the benefits of the proprietary DigestZen essential oil blend. Each vegetarian softgel contains 120 mg of DigestZen, the oil blend you know and trust for overall digestive health.

- Soothes occasional stomach upset and eases indigestion
- Supports healthy gastrointestinal function
- Promotes healthy digestion

<b>35430001</b>	60 vegetarian softgels
\$26.00 retail	\$19.50 wholesale   15 PV



MADE WITH VEGETARIAN  
SOFTGELS



### TRIEASE® SOFTGELS SEASONAL BLEND

TriEase Softgels were developed to protect against seasonal and environmental elements and to promote a healthy respiratory system when needed most. Each softgel contains equal parts of Lemon, Lavender, and Peppermint essential oils, known for their ability to maintain clear breathing and a healthy inflammatory response when combined together.

- Promotes clear breathing and respiratory function
- Supports a healthy inflammatory response
- Cleansing to the body's systems

<b>49310001</b>	60 vegetarian softgels
\$30.00 retail	\$22.50 wholesale   20 PV



MADE WITH VEGETARIAN  
SOFTGELS



### ON GUARD®+ SOFTGELS PROTECTIVE BLEND

On Guard + Softgels combine the proprietary blend of dōTERRA On Guard essential oil with Black Pepper, Oregano, and Melissa essential oils for additional immune support. On Guard + is a great way to strengthen and maintain healthy immune function when seasonal threats are high, or to protect against elements that can weaken the immune system.

- Helps build and maintain a healthy immune system
- Protects the body against seasonal threats
- Supports healthy circulation and respiratory function

<b>35420001</b>	60 vegetarian softgels
\$32.67 retail	\$24.50 wholesale   21 PV



MADE WITH VEGETARIAN  
SOFTGELS



### ZENDOCRINE® SOFTGELS DETOXIFICATION BLEND

Zendocrine Softgels help cleanse the body of toxins and free radicals that can slow the body's systems down, leaving a heavy, weighted feeling. Zendocrine Softgels provide an easy and convenient way to consume Zendocrine essential oil blend, a proprietary formula that helps detoxify the body, promote healthy liver function, and support a healthy endocrine system.

- Supports the body's natural ability to rid itself of unwanted substances
- Purifying and detoxifying to the body's systems
- Supports healthy endocrine system function
- Promotes healthy liver function

<b>34280001</b>	60 vegetarian softgels
\$32.67 retail	\$24.50 wholesale   21.5 PV



MADE WITH VEGETARIAN  
SOFTGELS



## *Daily Fruits and Vegetables*

# **TERRAGREENS™**

According to the U.S. Center for Disease Control and Prevention, 67.5 percent of adults eat fruit less than two times daily, and 73.7 percent eat vegetables less than three times per day, which is far less than what is recommended. dōTERRA has put together a powdered greens mix that dismisses any excuse you have for not increasing your daily intake of fruits and vegetables. It's fast, easy, and so convenient. Just one scoop and 8 oz. of water will give you a boost of fruits and vegetables to help supplement the nutrition we all know that we're lacking. Best of all, it's naturally flavored with CPTG® essential oils.

### **TERRAGREENS™**

Give your daily intake of fruits and vegetables a boost with this powdered supplement mix designed to be taken with water, TrimShakes, or your favorite beverage.

- Blend of leafy greens and super fruits
- Chock full of naturally occurring vitamins, minerals, and antioxidants
- Flavored with Lemon and Ginger CPTG essential oils

<b>60120001</b>	<b>300 g</b>
\$37.33 retail	\$28.00 wholesale   20 PV





# dōTERRA® WOMEN

dōTERRA Women is a line of products formulated to address the unique and changing health needs of women. Normal hormone levels influence a woman's good health and emotional well-being from her early teens to her transition through menopause. dōTERRA Women targets hormonal factors associated with degenerative conditions connected with menopause and aging, while the essential oil blend provides temporary relief from the emotional and physical symptoms related to regular hormone cycles in women. The dōTERRA Women line of products provide natural support throughout the different phases of life.



## CLARYCALM® MONTHLY BLEND FOR WOMEN



dōTERRA ClaryCalm helps women manage the symptoms of PMS and the transitional phases of menopause in a natural, effective way.

- Features a blend of Clary Sage, Lavender, Bergamot, Roman Chamomile, Cedarwood, Ylang Ylang, Geranium, Fennel, Palmarosa, and Vitex essential oils
- Helps balance hormones
- Provides temporary respite from cramps, hot flashes, and emotional swings

<b>35270001</b>	10 mL roll on
\$32.67 retail	\$24.50 wholesale   24.5 PV

## BONE NUTRIENT LIFETIME COMPLEX

This convenient dietary supplement increases the consumption of nutrients needed for healthy bones.

- Perfect for men and women of all ages
- Features a blend of vitamins C and D, calcium, magnesium, and other trace minerals
- Combats declining bone density by providing bone nutrients often deficient in modern diets

<b>35240001</b>	120 capsules
\$23.33 retail	\$17.50 wholesale   12 PV



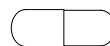
MADE WITH SLS-FREE  
VEGETABLE CAPSULES

## PHYTOESTROGEN LIFETIME COMPLEX

dōTERRA Women Phytoestrogen Lifetime Complex is a blend of natural plant extracts that support hormone balance throughout the different phases of a woman's life.

- Includes a standardized soy extract with genistein, a powerful phytoestrogen
- Helps manage potentially harmful metabolites produced by estrogen metabolism with a concentrated extract of flax seed lignans
- Supports healthy bones, heart, breast tissue, and other body structures

<b>35260001</b>	60 capsules
\$52.67 retail	\$39.50 wholesale   39.5 PV



MADE WITH SLS-FREE  
VEGETABLE CAPSULES



## WOMEN'S HEALTH KIT

Includes Phytoestrogen Lifetime Complex, Bone Nutrient Lifetime Complex, and ClaryCalm Monthly Essential Oil Blend.

<b>35250001</b>	\$92.67 retail	\$69.50 wholesale	60 PV	SAVE \$16.00 RETAIL
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# dōTERRA® Children's SUPPLEMENTS

Inspired by the dōTERRA Lifelong Vitality Pack, these products make it easy to enjoy taking omega-3s, whole food nutrients, vitamins, and minerals in convenient liquid and chewable forms. Kids love them because they taste great; adults love them because they are easy to swallow.

### a2z CHEWABLE™

Designed for children and adults who have difficulty swallowing capsules, a2z provides the nutrients your body needs for optimal health.

- Combines a blend of B vitamins with vitamins A, C, and E
- Features botanical extracts and is formulated to be used with IQ Mega
- Supports healthy immunity and provides antioxidant protection
- Promotes healthy cell development and longevity when taken daily

35330001	60 tablets
\$26.00 retail	\$19.50 wholesale   15 PV

### IQ MEGA®

IQ Mega takes the fishy taste out of fish oil and adds the fresh orange flavor of Wild Orange essential oil.

- Provides 1,000 mg of concentrated, pure fish oil per serving
- Supports healthy brain, cardiovascular, immune, and joint function
- Formulated to be used with a2z chewable

35320001	150 mL
\$46.00 retail	\$34.50 wholesale   30 PV





## *DigestZen*<sup>®</sup> DIGESTIVE HEALTH

Lifelong health is very much dependent on digestive health. A properly functioning digestive system is not only essential for food nutrient absorption, but also performs critical immune and detoxification functions in the body. Compromised digestive function can result in chronic energy deficiencies, compromised immunities and allergic reactions, weight gain, and gastrointestinal discomfort. The DigestZen line of digestive health products provides targeted solutions for optimal digestive function and comfort.

### **PB ASSIST+<sup>®</sup>**

#### **PROBIOTIC DEFENSE FORMULA**

This proprietary formula of pre-biotic fiber and six strains of probiotic organisms is safe for the entire family.

- Delivers 6 billion CFUs of active probiotic cultures and soluble pre-biotic FOS (fructo-oligosaccharides) that encourage culture adhesion and growth
- Time-release double capsule delivery system is designed to help protect sensitive probiotic cultures from stomach acid
- Supports healthy digestive function and immunity

<b>35160001</b>	30 vegetable capsules
\$46.00 retail	\$34.50 wholesale   34.5 PV



MADE WITH SLS-FREE  
VEGETABLE CAPSULES



### **GX ASSIST<sup>®</sup> GI CLEANSING FORMULA**

Cleanse your GI tract before starting with PB Assist with this combination of CPTG Certified Pure Therapeutic Grade<sup>®</sup> essential oils.

- Features Oregano, Melaleuca, Lemon, Lemongrass, Peppermint, and Thyme essential oils as well as caprylic acid
- Helps support a healthy digestive tract by creating an unfriendly environment for potential threats
- Formulated to be used for 10 days as a preparatory cleansing step before using PB Assist + Probiotic Defense Formula

<b>35040001</b>	60 softgels
\$34.67 retail	\$26.00 wholesale   26 PV



MADE WITH ENTERIC  
SOFTGELS





## DIGESTZEN® top seller

### DIGESTIVE BLEND



The well-recognized essential oils in DigestZen are known for providing soothing digestive relief.

- Features a proprietary blend of Ginger, Peppermint, Tarragon, Fennel, Caraway, Coriander, and Anise essential oils
- Aids in the digestion of foods
- Maintains a healthy gastro-intestinal tract
- Soothes occasional stomach upset

<b>31030001</b>	15 mL bottle	
\$41.33 retail	\$31.00 wholesale	31 PV

## DIGESTZEN® SOFTGELS

dōTERRA® DigestZen® Softgels are a convenient and easy way to obtain the benefits of the proprietary DigestZen essential oil blend. Each vegetarian softgel contains 120 mg of DigestZen, the oil blend you know and trust for overall digestive health.

- Soothes occasional stomach upset and eases indigestion
- Supports healthy gastrointestinal function
- Promotes healthy digestion

<b>35430001</b>	60 vegetarian softgels	
\$26.00 retail	\$19.50 wholesale	15 PV



MADE WITH VEGETARIAN  
SOFTGELS



## TERRAZYME® top seller

### DIGESTIVE ENZYME COMPLEX

TerraZyme provides your body with the whole-food enzymes and supporting mineral cofactors needed for healthy digestion.

- Supports the body's constant production of enzymes critical for healthy biochemical functions
- Promotes healthy digestion of food nutrients and cellular metabolism of nutrients into energy
- Includes a variety of whole-food enzymes that help with digestion of proteins, fats, complex carbohydrates, sugars, and fiber

<b>35110001</b>	90 vegetable capsules	
\$50.00 retail	\$37.50 wholesale	37.5 PV



MADE WITH SLS-FREE  
VEGETABLE CAPSULES

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.







### ZENDOCRINE® DETOXIFICATION BLEND



Support your body's natural detoxification systems with Zendocrine.

- Features a proprietary blend of Tangerine, Rosemary, Juniper Berry, Cilantro, and Geranium essential oils
- Supports healthy liver function
- Can be used individually or in combination with Zendocrine Detoxification Complex

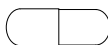
<b>31460001</b>	15 mL bottle
\$32.67 retail	\$24.50 wholesale   24.5 PV

### ZENDOCRINE® DETOXIFICATION COMPLEX

Support your body's filtering and waste management system with the proprietary Zendocrine Detoxification Complex.

- Features a proprietary blend of 14 active, whole-food extracts in a patented enzyme delivery system
- Supports healthy cleansing and filtering functions of the liver, kidneys, colon, lungs, and skin

<b>35120001</b>	60 vegetable capsules
\$32.67 retail	\$24.50 wholesale   24.5 PV



MADE WITH SLS-FREE  
VEGETABLE CAPSULES

### ZENDOCRINE® SOFTGELS DETOXIFICATION BLEND

Zendocrine Softgels help cleanse the body of toxins and free radicals that can slow the body's systems down, leaving a heavy, weighted feeling. Zendocrine Softgels provide an easy and convenient way to consume Zendocrine essential oil blend, a proprietary formula that helps detoxify the body, promote healthy liver function, and support a healthy endocrine system.

- Supports the body's natural ability to rid itself of unwanted substances
- Helps to purify and detoxify the body's systems
- Supports healthy endocrine system function
- Promotes healthy liver function

<b>34280001</b>	60 vegetarian softgels
\$32.67 retail	\$24.50 wholesale   21.5 PV



MADE WITH VEGETARIAN  
SOFTGELS



# Weight loss with SLIM & SASSY®

The dōTERRA® Slim & Sassy line of products encourages overall health and wellness through the attainment and maintenance of healthy body weight. Take advantage of a wide range of benefits by incorporating the Slim & Sassy Metabolic Blend, TrimShake, and our premier line of supplements into your lifestyle!

## SLIM & SASSY® top seller METABOLIC BLEND



Support your weight maintenance goals with the proprietary essential oil blend of Slim & Sassy.

- Formulated with Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon essential oils
- Promotes healthy metabolism
- Helps manage hunger cravings
- Calms your stomach and lifts your mood
- Diuretic, stimulant, and calorie free

<b>31370001</b>	15 mL bottle
\$32.67 retail	\$24.50 wholesale   24.5 PV

## SLIM & SASSY® SOFTGELS

Slim & Sassy Softgels contain dōTERRA®'s proprietary Slim & Sassy essential oil blend in convenient softgels to promote weight loss in a healthy, natural way. The flavorful blend of Slim & Sassy contains essential oils known to help manage hunger throughout the day while boosting metabolism and promoting a positive mood.

- Enhances metabolism
- Helps manage hunger cravings
- Promotes healthy digestion
- Has a positive effect on the endocrine system to assist with weight loss

<b>34270001</b>	60 vegetarian softgels
\$46.00 retail	\$34.50 wholesale   30 PV



## SLIM & SASSY CONTRÖL INSTANT MIX

Slim and Sassy contröL is available in a powdered mix that you can take at any time during the day to help control your appetite. contröL contains a revolutionary ingredient made from spinach extract called Appethyl™\*, which has been clinically shown to significantly reduce appetite for up to 6 hours.

- Helps promote appetite control and manage portion sizes
- Helps maintain healthy food intake
- Along with a sensible program of diet and exercise, may help to promote and maintain healthy weight-loss over time

<b>34150001</b>	30 sachets
\$79.33 retail	\$59.50 wholesale   50 PV



## SLIM & SASSY CONTRÖL™ BARS

contröL is also available in a tasty bar. Convenient for people who are always on the go, control delivers the appetite-controlling power of Appethyl™ to help you in your quest to manage your weight and your overall well-being.

- Helps promote appetite control and manage portion sizes
- Helps maintain healthy food intake
- Along with a sensible program of diet and exercise, may help to promote and maintain healthy weight-loss over time

<b>34330001</b>	10 apple cinnamon bars
\$36.67 retail	\$27.50 wholesale   20 PV

<b>34340001</b>	10 lemon bars
\$36.67 retail	\$27.50 wholesale   20 PV

<b>34370001</b>	10 apricot bars
\$36.67 retail	\$27.50 wholesale   20 PV

## CONTRÖL BAR 3-PACK

<b>20900001</b>	10 bars of each flavor
\$99.33 retail	\$74.50 wholesale   50 PV

\*Appethyl™ is a trademark of Greenleaf Medical AB.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



*"I am a big fan of Slim & Sassy®. I love this oil in my drinking water! Slim & Sassy gives me energy during my workouts, decreases my cravings for sweets, and revs up my metabolism all day long. I have fallen in love with this little bottle of oil and so has everyone else I share it with! I am just now starting to rub it on my 'trouble areas' after my morning shower. As I prepared for Mrs. Utah America, this was the ticket to take off those last few stubborn pounds. I looked and felt my best! I even won the swimsuit competition! Slim & Sassy is my new best friend!"*

Carol Ann Guest, Mrs. Utah America 2011

### SLIM & SASSY TRIMSHAKE

Slim & Sassy TrimShake is a convenient, delicious shake mix that provides essential nutrients.

- TrimShake can help you lose unwanted fat stores through calorie restriction and regular exercise
- Includes the patented weight-management ingredient EssentraTrim® to help reduce food cravings and overeating
- Includes Solathin®, a special protein extract that supports increased feelings of satiety
- Blends well with nonfat dairy, almond, rice, and soy milk or water

<b>35180001</b>	vanilla	
\$52.67 retail	\$39.50 wholesale	25 PV

<b>35200001</b>	chocolate	
\$52.67 retail	\$39.50 wholesale	25 PV

<b>40770001</b>	1 chocolate, 1 vanilla	
\$200 retail	\$150 wholesale	125 PV

<b>35280001</b>	2 chocolate	
\$200 retail	\$150 wholesale	125 PV

### V SHAKE

Introducing a vegetarian alternative to weight management shakes. Slim & Sassy V Shake provides the same benefits as TrimShake with the exception of all the ingredients being 100 percent plant-sourced and vegetarian-friendly.

- Includes Solathin® and EssentraTrim®
- 7 grams of plant-sourced protein
- Protein sourced from pea, quinoa, and amaranth
- Versatile flavor, mixes easily with favorite fruits, milks, or juices
- No artificial sweeteners, flavors, colors, or preservatives

<b>35440001</b>		
\$52.67 retail	\$39.50 wholesale	25 PV

<b>35290001</b>	2 vanilla	
\$200 retail	\$150 wholesale	125 PV

<b>60130001</b>	2 V shakes	
\$200 retail	\$150 wholesale	125 PV



### SLIM & SASSY® TRIM KIT

Four 15 mL bottles Slim & Sassy Metabolic Blend and 2 TrimShakes. **SAVE \$36.02 RETAIL**

## ESSENTRATRIM®

125 mg of EssentraTrim®, a patented extract of Ashwagandha that has been clinically demonstrated to help control stress-induced appetite, overeating, and carbohydrate cravings, helps support blood sugar levels already in the normal range, and enhances energy levels while helping to alleviate fatigue during dieting and exercise.

## SOLATHIN®

Slim & Sassy® TrimShake includes 50 mg of Solathin® per serving, a special protein extract from natural food sources that supports an increased feeling of satiety. Solathin® has also been demonstrated to help control snacking between meals, portion control, and feeling full faster and longer. Along with being an excellent source of protein, Solathin® is also hypo-allergenic and enhances the flavor and texture of TrimShake.



## *The dōTERRA®* LOYALTY REWARDS PROGRAM

Do you have a favorite dōTERRA product you cannot live without? Would you enjoy the convenience of receiving dōTERRA Lifelong Vitality Supplements automatically each month? Would you like to earn free product every time you place an order? The dōTERRA Loyalty Rewards Program (LRP) provides a convenient way to receive an automatic monthly order of your favorite dōTERRA products delivered directly to your home. Each month you participate in the Loyalty Rewards Program you will earn an increasing number of LRP credits that can be used as cash to purchase product—earn up to 30 percent on qualified LRP orders! You can change the products in your monthly order or cancel your LRP agreement at any time without obligation. Talk to the Wellness Advocate who gave you this product guide or call 1-800-411-8151 for more complete program information.



dōTERRA®

**CPTG** Certified Pure Therapeutic Grade®

